



**Age Wise** is a series of infographics to help you understand how life expectancy and the decisions you make impact your plans for a happy, healthy and well-funded retirement.



**SOCIETY OF ACTUARIES**

# Take the Long View: Expect the Unexpected in Retirement

No matter how well we plan, no one can predict all the expenses that could occur during a retirement lasting 30 years or more.

In a study conducted in 2015, the Society of Actuaries identified common expenses, which they labeled “shocks” because of their sudden, disruptive nature.

According to the research

**7 out of 10** retirees have experienced at least one “shock” during retirement.



**2 of those 7** have experienced three or more shocks.

## Many of these expenses aren’t so unexpected after all.

Here are three most common “shocks” and what you can do to plan for them:

**28%**

of retirees reported unexpected expenses for **major home repairs/upgrades**.



**Tip:**

Consider having a home inspection prior to your retirement date, and periodically after that, to **identify and budget** for **major repairs** and **accommodations**.

**24%**

reported unexpected **large dental expenses**.



**Tip:**

Visit your dentist to determine **what work needs to be done now** and **what you might expect in the future**.

**20%**

reported unexpected **out-of-pocket medical and prescription drug expenses**.



**Tip:**

Talk to your doctor about **alternative treatments** and look into retailers’, manufacturers’, and other group **discount programs**.