



SOCIETY OF ACTUARIES

Article from:

Long-Term Care News

January 2013 – Issue 33

Change Is Constant

by Jesse Slome

Planning is our brain's response to preparing for the unexpected. We try to predict events and try to define changes, outcomes and consequences. Sometimes we succeed; often we don't.

All other animals change as the result of evolution. Human history uniquely consists of changes that occur without any evolution taking place. Because we have language, we can share and pass down knowledge to future generations. Because we have insight and creativity, we can find better ways of doing things.

On the one hand, humans are resistant to change. Many find comfort in the status quo. But, many are naturally very curious—seeking to explore new worlds, new options, new ways of making the future better.

Change is constant, and certainly the long-term care insurance industry has had a front-and-center seat for the past few years. Change will continue—some of it predictable; some of it not. Knowledge is the best tool for understanding change, and this publication is a great forum for allowing the best and brightest to share.

It has been my pleasure to contribute in some small way for the past year. Change can be scary. But it can also be exhilarating to be part of the process. The faster you can adapt to change, the easier your life gets. ■



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