

Managing the Impact of Long-Term Care Needs and Expense on Retirement Security Monograph

## The Impact of Long-Term Care Costs on Retirement Wealth Needs

By Vickie Bajtelsmit and Anna Rappaport

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## **ABSTRACT**

This paper provides an overview of the risks and costs of long-term care (LTC), including a discussion of who bears the risk, and the advantages and disadvantages of various funding mechanisms for long-term support and services. A summary of recent simulation studies provides evidence regarding the size of the risk and the impact on household financial well-being. We conclude that advance planning for LTC risk is critical for low- to middle-income households. For other than the wealthiest households, the cost at the retirement date of any LTC financing strategy will likely be prohibitive and may deplete household emergency funds. For those with greater wealth and income, paying for LTC costs as they are incurred may be a workable option.