



#### Session 39, Innovation in Health Insurance Underwriting

SOA Antitrust Disclaimer
SOA Presentation Disclaimer

# 2019 Health Meeting

PRESENTERS: JOAN BARRETT, CHRIS STEHNO, KHRIS DAI

**MODERATOR: BLAKE HILL** 

039 - Innovation in Health Insurance Underwriting
June 24, 2019





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- Do not discuss what you or other entities plan to do in a particular geographic or product markets or with particular customers.
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#### **Session Overview**

Underwriting is one of several areas in the insurance industry being impacted by insurtech.

In this session, we will hear from experienced experts in underwriting transformation. Digitization, machine learning and other approaches are among topics to be discussed.

The three core themes to reviewed are:

- New data and data analytics used, and rating process
- Considerations for Individual, Group, and Supplemental markets
- Considerations of Product design, retention efforts, etc. that aid in post issue risk and profit management that can be considered a form of U/W.



# Speakers



Joan Barrett Axene Health Partners



Chris Stehno

Deloitte



Khris Dai

Aon

Blake Hill

dacadoo





# The view from the Actuary at the InsureTech

- Technology is moving much faster than most appreciate
  - CRISPER, Nano Technology, AI, 5G
- Innovations are happening fast, regulations struggle to keep up, and companies trying to navigate alone tend to believe they will be safe
- Asia is leading the way



#### **Trends – Meeker Report 2019**

# Healthcare Innovation = Apple... Hardware + App Store Leveraging Research For Consumers

#### Apple = Democratization of Healthcare

If you zoom out into the future & you look back, & you ask the question, 
'What was Apple's greatest 
contribution to mankind,' 
it will be about health.

Because our business has always been about enriching people's lives. We've gotten into healthcare more & more through the Watch, other features created with ResearchKit & CareKit & including medical records on the iPhone. This a huge deal.

[Healthcare] is very important for people.
We are democratizing it. We are taking what
has been with the institution & empowering
the individual to manage their health.
We're just at the front end of this.

Tim Cook - CEO, Apple, 1/19

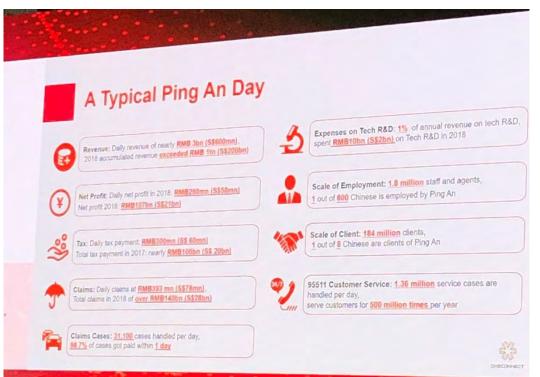
#### Apple ResearchKit = Medical Research Technology for Consumers







# Are you prepared for the future?



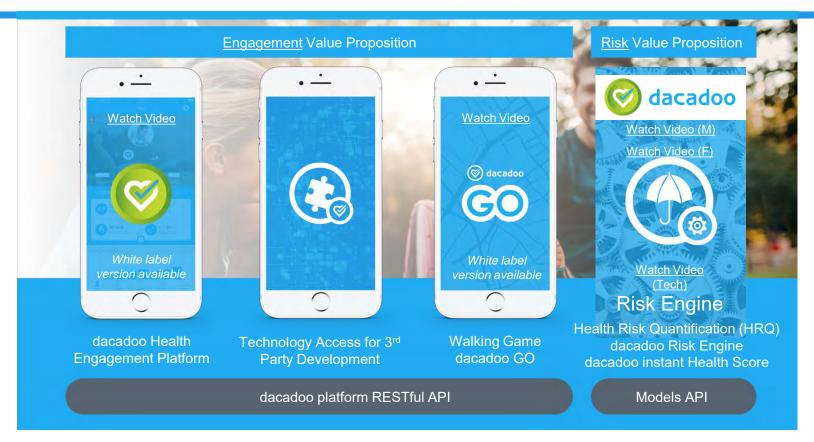
<u>Daily:</u>	Yearly:
\$600M Revenue,	\$200B Revenue,
\$58M Profit,	\$21B profit,
\$78M Claims,	\$28B Claims,
31,100 Claims cases, 98.7% Claims paid in a day 1.36M Calls a day	500M Calls per year
1.8M Staff & Agents	\$2B spent on R&D in
184M Clients	2018



# InsureTechs to the rescue dacadoo ecosystem as an example



#### Offering in engagement and health risk quantification







# National Accounts Underwriting Joan C. Barrett, FSA, MAAA

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# **Today's Topics**

- •The Current State, Innovations, NextGen
- Beyond the Shiny Object



# The Current State, Innovation and NextGen

# The Employer's Perspective

#### What does an employer want from a health plan?

- A trusted advisor: Overall guidance and performance about how to manage their benefit
- Price point and predictability
- Employee satisfaction/Employee responsibility

#### • What does an employer want to avoid?

- Employee complaints
- Missed budgets/large increases
- Oversold solutions
- Excuses for lack of performance

# Financial Risk

- Efficient operations
- Stop-loss
- Guarantees/Fees at risk
  - Trends
  - Discounts
  - Operations

# **Team Example**

#### • The underwriter/The account team

- Direct contact with assigned clients
- Reviews client's experience, including benefits and care management suite
- Negotiates financials, including premiums, administrative fees and guarantees
- Operational issues

#### The actuary

- Underlying models for underwriters
- One-off pricing requests
- Direct employer assistance in complex or new situations
- Strategy/Consulting

# Plan Design

Deductibles, Coinsurance and Copays

CDH and value-based

On-demand insurance

#### **Challenges:**

- Selection/Migration
- Risk pool analysis
- Variable cost share

#### **Networks**

Fee-for-Service

Narrow and specialty networks

Value-based Reimbursement, reverse reference pricing

#### **Challenges**

- The health care identity
- Cultural change
- Measuring risk
- Cost-effectiveness measurement

# Care Management and Wellness

Utilization management and mass education

Programs

Personal interventions

#### **Challenges**

- Record-keeping
- Duplication of effort
- Cost-effectiveness measurement



# Beyond the Shiny Object

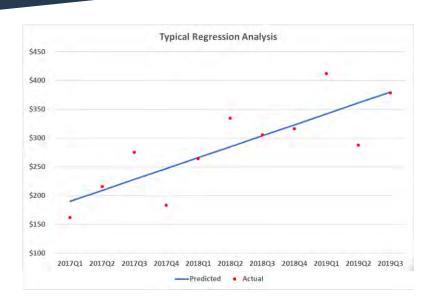
# **Actuarial Analytical Techniques**

Nonstatistical methods

Predictive analytics

Risk, costeffectiveness and people

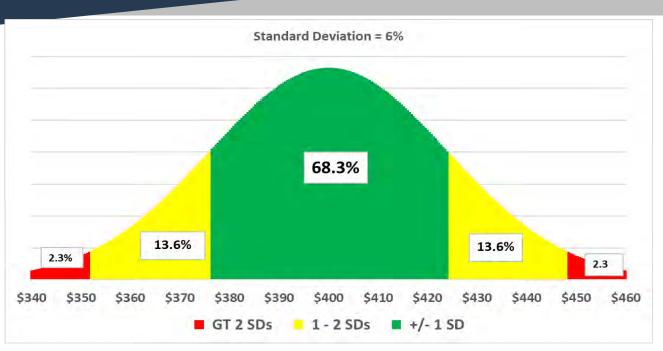
#### Risk



#### **Total risk**

- Pricing risk +
- Process/random variation risk

#### The Central Limit Theorem

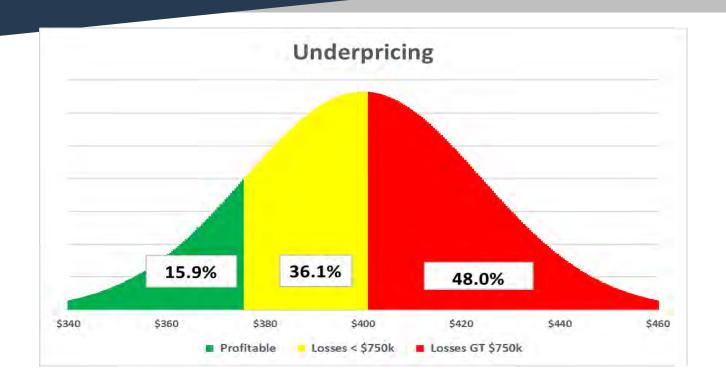


# **Assuming Best Estimate**



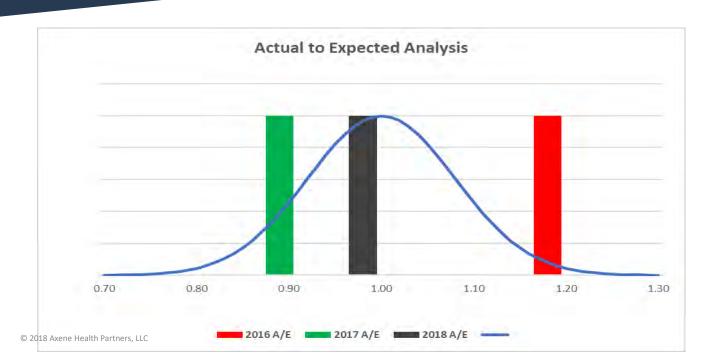
Assumes margin is 1 standard deviation from best estimate.

# **Pricing Miss**



Assumes price is off by 1 standard deviation

# Actual to Expected Analysis



# Cost-Effectiveness Analysis

Short-term savings

"Wrong Pocket"

"Long Pocket"

# **Short Term Cost-Effectiveness Analysis**

#### Source of savings

• Reduced admissions, ER visits, etc.

#### Measures

- Total savings over time (usually 1 to 2 years after change)
- Return on investment

#### Techniques

- Pre/Post population analysis
- Participant/non-participant analysis
- Value-drivers

# Wrong Pocket/Dynamic Return on Investment Analysis



What happens if a person leaves the group before the payback period?

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# Long-Term Savings

#### Sources of savings

- Fewer large claims
- Slow or delay disease progression

#### Methods

- Longitudinal studies (expensive, quickly out-dated)
- Actuarial projections similar to life and annuities, but with markers

#### Challenges

How to tie savings to reimbursement?

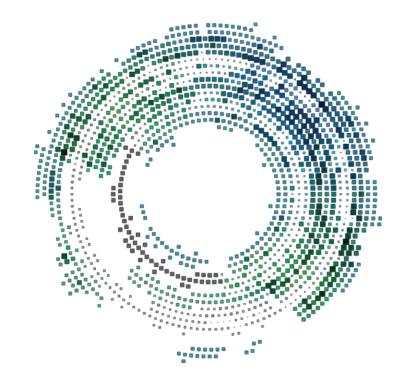
# **Cultural Change Management**

Letter	Stage	Outcome/Goal	Implementation Phase
А	Awareness	<ul><li>Early outcomes of communications</li><li>Similar to name recognition</li></ul>	Business need
D	Desire	<ul> <li>Why participate in the process?</li> </ul>	Concept and design
K	Knowledge	<ul> <li>What do you need to do to change?</li> </ul>	Implementation
Α	Ability	<ul> <li>How do you translate knowledge into action?</li> </ul>	Implementation
R	Reinforcement	<ul><li>Same as actuarial control cycle</li><li>improve, lessons learned, etc.</li></ul>	Post- Implementation

# Team Change Management



# **Deloitte.**

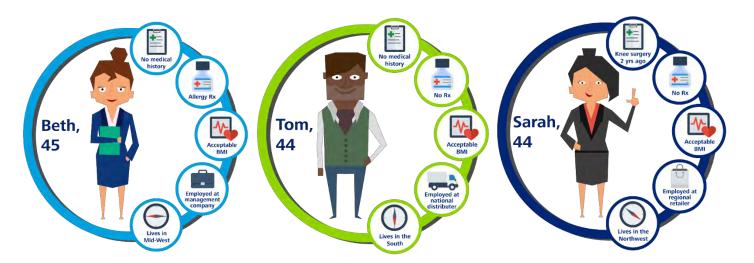


#### **Data and Underwriting**

June 2019

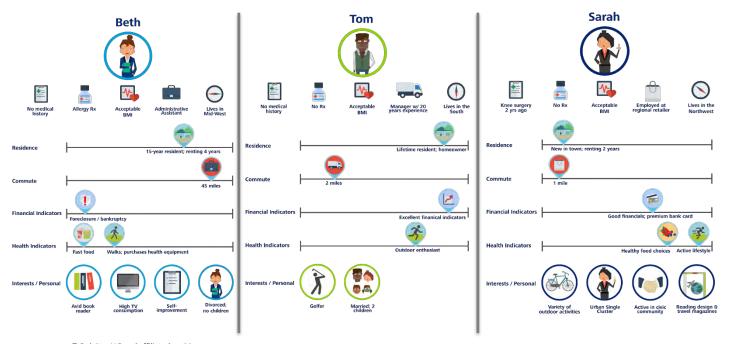
# 70% of Diseases are Lifestyle Related Uncovering Health Risks through Lifestyle

#### **Evaluating the Population**



Who will generate the highest medical claim costs?

## "Lifestyle-based" Analytics



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## "Lifestyle-based" Analytics



The pool of candidates who score similar to Beth are 3 times as likely to have a Depression claim and will have increased medical claims of 18%.

- · Long commute
- Poor financial indicators
- Purchases tied to obesity indicators
- Lack of exercise



Tom falls into the pool of candidates that are **near expectations** on morbidity assumptions.

- Strong personal ties to community/locatio
  n
- Avid outdoor enthusiast
- · Avid golfer
- Average commute



The pool of candidates who score similar to Sarah are 2.5 times less likely to have diabetes and will have reduced medical claims of 15%.

- High activity indicators
- Good financial indicators
- Healthy food choices
- Little television consumption
- Foreign traveler

### **Quick PredictRisk™ Facts**

There are multiple dataset in the marketplace that evaluate risks











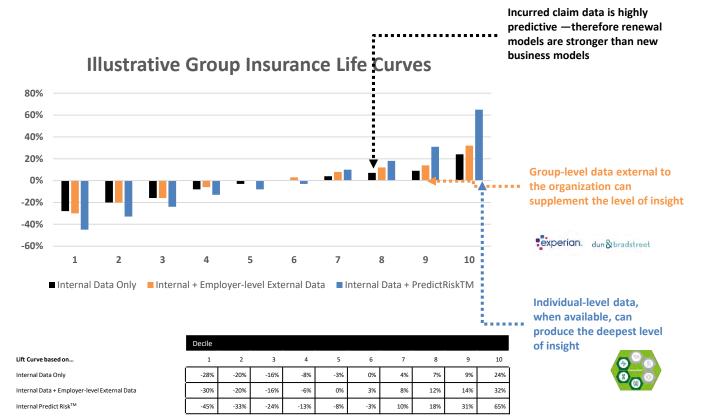






### **Underwriting for New and Renewal Business Quotes**

**Business** case



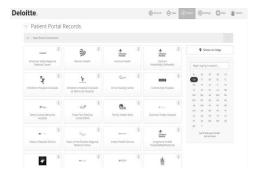
# Electronic Health Records Health Analytics Best Friend

### **On-Demand EHR Solutions**

EHR solution utilizes patient portal technology which allows the consumer to control the entire process using existing online portal functionality

#### **On-Demand EHR Solution**

Deloitte's EHR Solution cuts weeks off of initial decision timelines, reduces manual data entry and enables analytics



#### Collect

Collect the data post acknowledgment and agreement by the customers



#### **Parse**

Parse the data into machine readable format

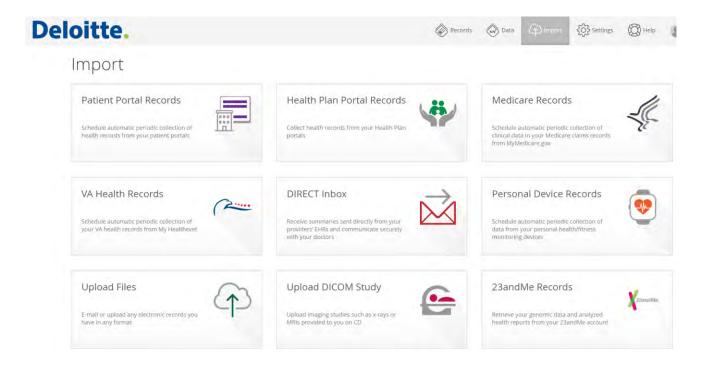


#### Analyze

Analyze the robust dataset including: Medical encounters and issues, lab and diagnostic results, medications, past medical history, vital signs, medical procedures, family medical history, etc.



### **On-Demand EHR Solutions**



# Sample EHR

Medical Encounters and Issues

roblems	Problems		
rocedures			
Results	Narrative Structured Data Structured View		
Social History			
Medications	Name	Dates	Details
Allergies and Adverse	Visit For: Screening Exam Metabolic Disorders (V77.99)	Onset:20-May-2016	Status: Other as of 21-May-2013
Vital Signs	Screening for thyroid disorder (V77.0)	Onset:20-May-2016	Status: Other as of 21-May-2013
Immunization	Encounter for screening for diabetes mellitus (V77.1)	Onset:20-May-2016	Status: Other as of 21-May-2013
Family History	Allergic rhinitis (477.9)	Onset:20-May-2016	Status: Active
Past Medical History	Screening for iron deficiency anemia (V78.0)	Onset:20-May-2016	Status: Other as of 21-May-2013
Payers	History of contact dermatitis (V13.3)	Onset:20-May-2016	Status: Other
	Esophageal stricture (530.3)	Onset:20-May-2016	Status: Active
	Blood tests for routine general physical examination (V72.62)	Onset:20-May-2016	Status: Other as of 21-May-2013
	Encounter for screening for lipoid disorders (V77:91)	Onset:20-May-2016	Status: Other as of 21-May-2013
	Encounter for general health examination (V70.0)	Onset:20-May-2016	Status: Active
	Encounter for screening for malignant neoplasm of prostate (V76.44) $$	Onset:20-May-2016	Status: Other as of 21-May-2013
	Laceration of hand, right (882,0)	Onset:20-May-2016	Status: Active

## **Sample EHR**

### Lab and Diagnostic Results



Results

Date	Description	Value	Details
Kesulted (m) 21-May-2013 12:23	Prostate-specific Ag. Serum - LC 010822		
	Prostate Specific Ag. Serum	0.6	Range: 0.0-4.0
Resulted on: 12:23	Ligid Panel - LC 303756		
	HDL Cholesterol	60	Range: >30
	Cholesterol, Total	169	Range: 100-199
	Triglycerides	46	Range: 0-148
	VLDI. Cholesterol Cal	9	Range: 5-40
	LDL Cholesterol Calc	100	Range: 0-99 = Abnormal
Résulted on 12:23	Comp. Metabolic Panel (14) - LC 322000		
	Glucose, Serum	87	Range: 65-99
	BUN	24	Ranger 6-34
	Creatinine, Serum	1.07	Range: 0.76-1.27
	eGFR if NonAfrica AM	82	Range >59
	eGFR (f African Am	95	Range: >59
	BUN/Creatinine Ratio	22	Range: 9-20 = Abnormal
	Sodium, Serum	139	Range: 124-144
	Potassum, Serum	4.4	Hange: 5.5-5.2
	Chloride, Serum	103	Range: 97-108
	Carbon Dioxide, Total	21	Range: 20-32
	Calcium, Serum	9.2	Range: 8.7-10.2
	Protein, Total, Serum	6.8	Range: 5.0-8,5
	Albumin, Serum	4.2	Range: 3,5-5,5
	Globulin, Total	2.6	Hange: 1.5-4.5
	A/G Ratio	1.6	Range 1.1-2.5
	Bilirubin, Total	0.6	Range: 0,0-1,2:
	Alkaline Phosphatase, 5	60	Range: 25-150
	AST (SGOT)	21	Range: 0-40
	ALT (SGPT)	26	Range: 0-44

Resulted on: 12:23	CBC With Differential/Platelet - LC 0	05009	
	WBC	4.8	Range: 4.0-10.5
	RBC	5.50	Range: 4.14-5.80
	Hemoglobin	16.3	Range: 12.6-17.7
	Hematocrit	47.5	Range: 37.5-51.0
	MCV	86	Range: 79-97
	MCH	29.6	Range: 26.6-33.0
	MCHC	34.3	Range: 31.5-35.7
	RDW	13.9	Range: 12.3-15.4
	Platelets	221	Range: 140-415
	Neutrophils	66	Range: 40-74
	Lymphs	19	Range: 14-46
	Monocytes	11	Range: 4-13
	Eos	3	Range: 0-7
	Basos	1	Range: 0-3
	Neutrophils (Absolute)	3.2	Range: 1.8-7.8
	Lymphs (Absolute)	0.9	Range: 0.7-4.5
	Monocytes(Absolute)	0.5	Range: 0.1-1.0
	Eos (Absolute)	0.1	Range: 0.0-0.4
	Baso (Absolute)	0.0	Range: 0.0-0.2
	Immature Granulocytes	0	Range: 0-2
	Immature Grans (Abs)	0.0	Range: 0.0-0.1
Resulted on: 15-Jan-2011 16:10	Tsh, 3rd Generation - LC 004259		
	TSH	1.210	Range: 0.450-4.500

# Sample EHR

### Vital Signs

Problems
Procedures
Results
Social History
Medications
Allergies and Adverse
Reactions
Vital Signs
Immunization
Family History
Past Medical History
Payers

Narrative Structured Dat	a Structured View		
Date	Test	Result	Details
12-Nov-2010 23:38	BP Diastolic	90 mm[Hg]	Status:
23-May-2013 20:09	BP Diastolic	84 mm[Hg]	Status:
17-Jan-2011 22:24	BP Diastolic	86 mm[Hg]	Status:
14-Mar-2016 14:40	BP Diastolic	88 mm[Hg]	Status:
12-Nov-2010 23:38	Heart Rate	66 /min	Status:
23-May-2013 20:09	Heart Rate	66 /min	Status:
17-jan-2011 22:24	Heart Rate	64 /min	Status:
14-Mar-2016 14:40	Heart Rate	66 /min	Status:
23-May-2013 20:09	Height	187 cm	Status:
17-Jan-2011 22:24	Height	190 cm	Status:
14-Mar-2016 14:40	Height	187 cm	Status:
23-May-2013 20:09	O2 SAT	95	Status:
14-Mar-2016 14:40	O2 SAT	96	Status:
12-Nov-2010 23:38	Respiration Rate	14	Status:
23-May-2013 20:09	Respiration Rate	16	Status:
17-Jan-2011 22:24	Respiration Rate	16	Status:
14-Mar-2016 14:40	Respiration Rate	16	Status:

23-May-2013 20:09	Body Surface Area Calculated	2.23	Status:
17-Jan-2011 22:24	Body Surface Area Calculated	2.29	Status:
14-Mar-2016 14:40	Body Surface Area Calculated	2.33	Status:
23-May-2013 20:09	Body Mass Index Calculated	27.21 kg/m2	Status:
17-Jan-2011 22:24	Body Mass Index Calculated	27.62 kg/m2	Status:
14-Mar-2016 14:40	Body Mass Index Calculated	<b>30.3</b> kg/m2	Status:
12-Nov-2010 23:38	BP Systolic	130 mm[Hg]	Status:
17-Jan-2011 22:24	BP Systolic	124 mm[Hg]	Status:
23-May-2013 20:09	BP Systolic	122 mm[Hg]	Status:
14-Mar-2016 14:40	BP Systolic	124 mm[Hg]	Status:
12-Nov-2010 23:38	Temperature	98.2 f	Status:
23-May-2013 20:09	Temperature	97.1 f	Status:
14-Mar-2016 14:40	Temperature	97.2 f	Status:
12-Nov-2010 23:38	Weight	226 lb	Status:
17-Jan-2011 22:24	Weight	221 lb	Status:
23-May-2013 20:09	Weight	212 lb	Status:
14-Mar-2016 14:40	Weight	236 lb	Status:

### **Apple takes a shot at Health Records**

Apple Health Records started in March 2018 and already has surpassed initial estimates with millions of EHRs already downloaded. Deloitte is set up to use Apple Health, Google Medical and other major platforms for EHR collection as they reach critical scale



## Track other important data, too.

Health makes it easy to keep tabs on a wide array of data that matters to you — from measurements of your blood pressure and blood glucose to records for your weight and reproductive health.







Reproductive Health



Results



Vitals

# The Mobile Revolution

Tracking, Recording, Nudging, 24/7/365 Coverage

## **The Mobile Revolution**

90% of the data in the world today was created in the last 2 years. The majority of that data was collected on mobile devices.



### The Times are a Changing

Usage based insurance is rapidly changing the marketplace

https://www.insurancejournal.com/news/national/2018/09/19/501747.htm

# John Hancock Will Only Sell Interactive Life Insurance with Fitness Data Tracking

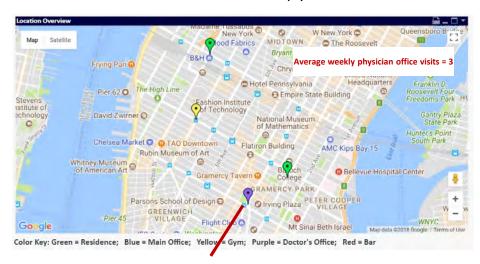
September 19, 2018 by Suzanne Barlyn

John Hancock, one of the oldest and largest North American life insurers, will stop underwriting traditional life insurance and instead sell only interactive policies that track fitness and health data through wearable devices and smartphones, the company said on Wednesday.

## **Use Case – Identifying Fraud in Disability Insurance**

Location insights can be leveraged to infer potential fraud in disability claims.

Submitted Claims - Locations of "claimed" physician services



Potentially Fraudulent Claims – Actual location of household parties over same time period show that no physical visits took place



Claims submitted for physician visits

Actual digital device visits from claimant's household = 0

Location snapshot of claimant cohort aggregated over the claim period helps insurers triage suspect claims early in the claims cycle to **mitigate**costs and prevent fraud

Link to dashboard

## **Human Body Based Sensors**

We are not far of from the Human Body itself generating its own feedback loop.





## One Employer Example

Plan Name	PPO A	РРО В	PPO C	PPO D
Member Coinsurance	20%	20%	20%	20%
Individual Deductible	\$250	\$500	\$1,000	\$2,000
Individual OOP Maximum	\$1,750	\$2,500	\$3,500	\$4,000
Actuarial Value	90%	87%	84%	84%*
Annual Premium (EE Only)	\$9,348	\$8,304	\$7,704	\$7,320
<b>Annual Member Contribution (EE Only)</b>	\$3,564	\$2,520	\$1,920	\$1,188
Enrollment (EE Only)	512	1,224	527	994
Enrollment Distribution (EE Only)	16%	38%	16%	30%

<sup>\*</sup> Including HRA funding of \$500



## Health Insurance Comprehension Study

Actual and self-perceived comprehension of insurance concepts

	% who think they understand concept	% of those who think they understand who correctly answered question testing understanding of concept	% of total sample who correctly answer question testing understanding of concept
Deductible	97%	81%	78%
Copay	100%	72%	72%
Coinsurance	57%	59%	34%
Maximum Out-of-Pocket	93%	59%	55%



## Health Insurance Comprehension Study

Ability to compute insurance costs: % answering questions correctly	% Correct
Multiple choice cost-estimate questions	58%
In-network primary care (after deductible)	77%
In-network primary care visit	73%
Out-of-network office primary care	59%
Out-of-network office primary care (after MOOP)	35%
In-network primary care (after MOOP)	58%
In-network MRI (after deductible)	57%
In-network MRI	41%
ER charges (with admission)	40%
Open ended cost question: cost of 4-day stay in hospital	11%
In this plan, is preventive covered 100% if you have not met your deductible? (Y/N)	76%
In the plan, if you spend money out-of-pocket on in-network providers, does this count toward the deductible for out-of-network providers (Y/N)	34%

G. Loewenstein et al. / Consumers' misunderstanding of health insurance / Journal of Health Economics



# Choice



## One Employer Example

Plan Name		РРО В	PPO C	PPO D
Member Coinsurance		20%	20%	20%
Individual Deductible		\$500	\$1,000	\$2,000
Individual OOP Maximum		\$2,500	\$3,500	\$4,000
Actuarial Value		87%	84%	84%*
Annual Premium (EE Only)		\$8,304	\$7,704	\$7,320
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Enrollment (EE Only)	512 ?	1,224	527	994
<b>Enrollment Distribution</b> (EE Only)	16% ?	38%	16%	30%

<sup>\*</sup> Including HRA funding of \$500



## One Employer Example

Plan Name	HSA	РРО В	РРО С	PPO D
Member Coinsurance	20%	20%	20%	20%
Individual Deductible	\$2,000	\$500	\$1,000	\$2,000
Individual OOP Maximum	\$6,500	\$2,500	\$3,500	\$4,000
Actuarial Value	82%*	87%	84%	84%*
Annual Premium (EE Only)	???	???	???	???
Annual Member Contribution (EE Only)	???	???	???	???
Enrollment (EE Only)	???	???	???	???
Enrollment Distribution (EE Only)	???	???	???	???

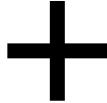
<sup>\*</sup> Including HSA/HRA funding of \$500

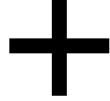


## **Migration Prediction**











**Machine Learning** 



## Migration Prediction

- Factors impacting migration amongst a choice of plans
  - Change in employee contributions
  - Plan design / change in plan design
  - Employee information
    - age/gender/location
    - marital status
    - health status/risk
    - income
- Other considerations
  - Enrollment platform
  - Active vs. passive enrollment
  - Employer communication
  - Carrier information
    - brand recognition
    - network strength
    - Rx formulary



## One Employer Example

Migration from PPO A to the other plans

	HSA	PPO B	PPO C	PPO D*
Actuarial Judgment	5%	50%	45%	0%
Machine Learning Algorithm		100%		
Actual	3%	92%	5%	0%

Migration from the other plans to the new HSA (expressed as a % of total enrollment from each plan)

	PPO A	РРО В	PPO C	PPO D*	Waived
Actuarial Judgment		2%	2%	40%	
Machine Learning Algorithm		1%	1%	44%	1%
Actual	3%	4%	7%	18%	3%

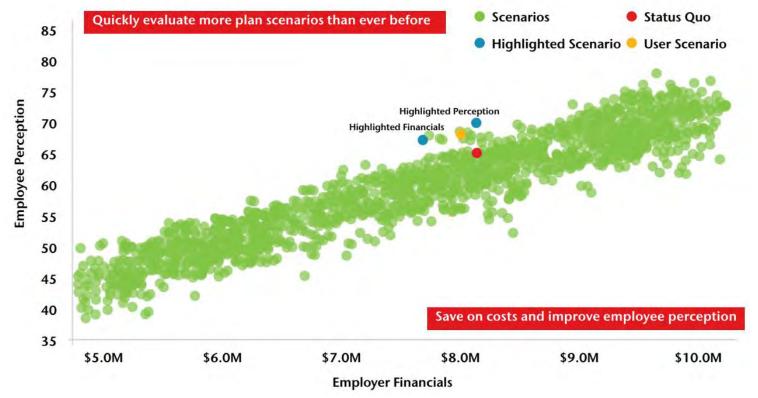


<sup>\*</sup>PPO D became a closed plan when the new HSA plan was introduced

# Perception

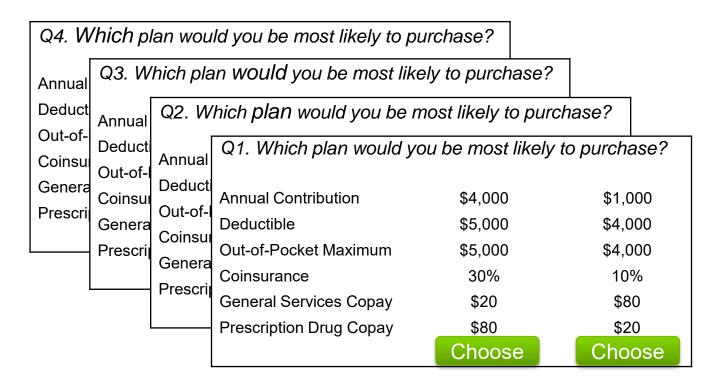


## **Measuring Beyond Cost**





## Employee Perception – Conjoint Analysis

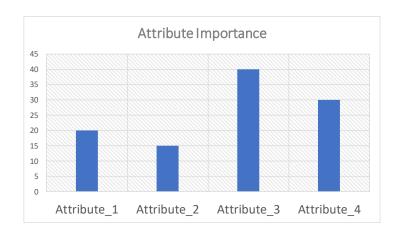


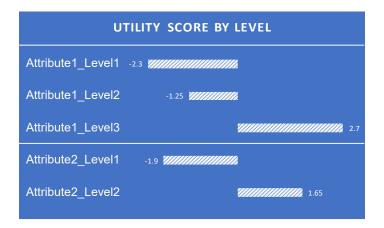




## Employee Perception – Conjoint Analysis

- Useful outputs from a conjoint analysis
  - Importance scores of attributes
  - Utility scores for each level
  - Segmentation of consumers





## Employee Perception – Conjoint Analysis

Highlights from the conjoint analysis









## Thank You & Questions

joan.barrett@axenehp.com cstehno@deloitte.com khris.dai.2@aon.com blake.hill@dacadoo.com



