

Recent developments in longevity, internationally

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This presentation covers published and unpublished material from a variety of sources and countries. The findings do not necessarily reflect the position of the authors' employers or of the IAA.

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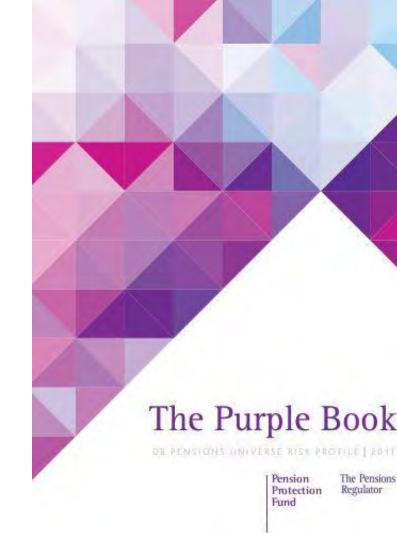
Agenda

- US and UK are seeing improvements slowing down.
 Where else?
- Possible causes and drivers
- Is this a trend or a blip? Similarities internationally?
- What are actuaries doing about it?
- Questions



US and UK are seeing improvements slowing down

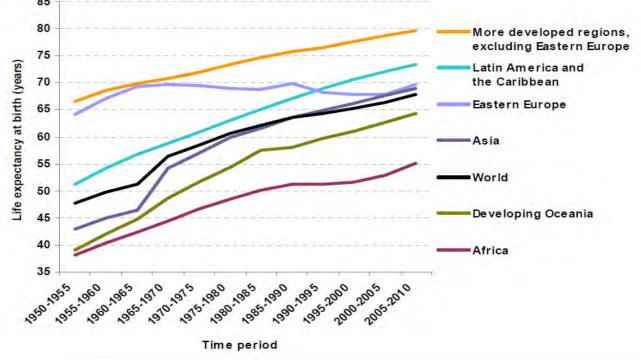
- "So what"?
- estimated Aggregate Deficit in UK Pension Funds: £780 billion on a full buyout basis
- small changes to longevity assumptions can make big differences to reserves





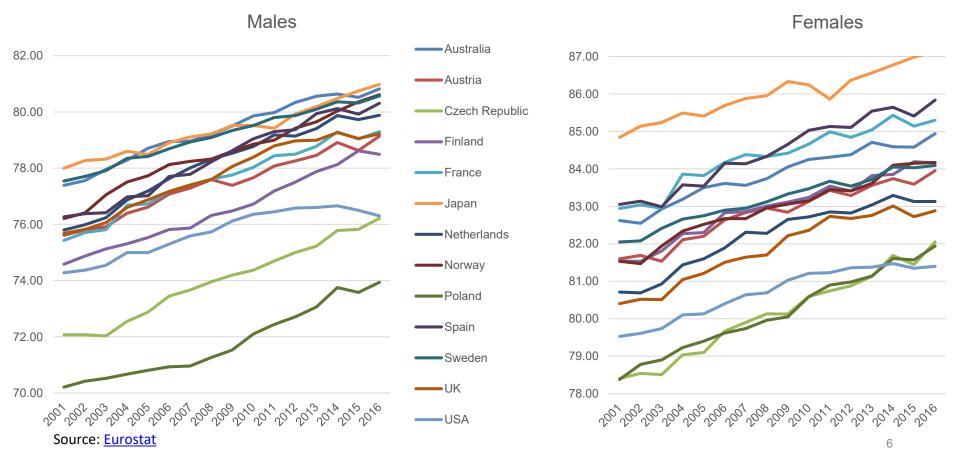
Past 70 years – the world

In most parts of the world with the notable exception of Eastern Europe, the last 70 years have seen gradual but significant improvements in life expectancy.



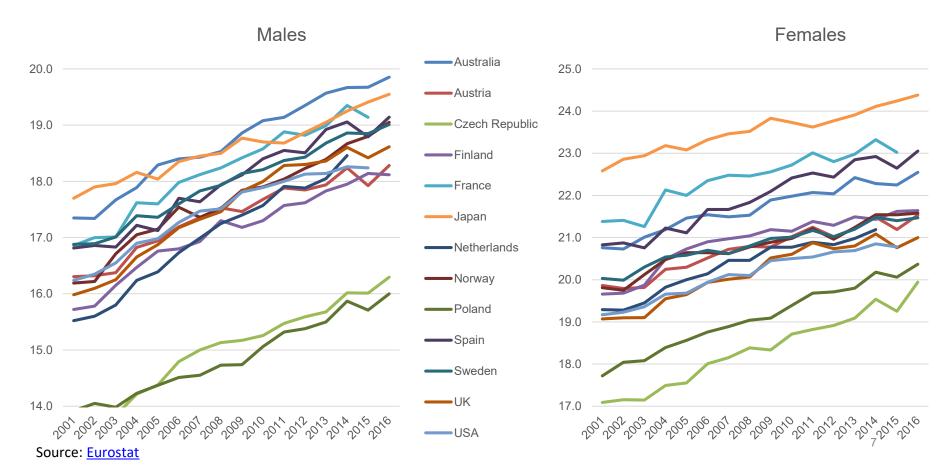


Period life expectancy at birth 2001 to 2016





Period life expectancy at age 65 2001 to 2016



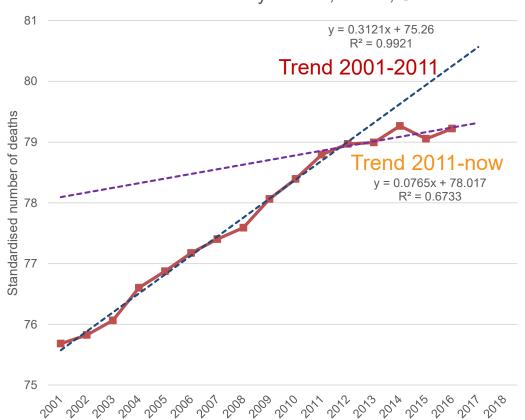
A word about our methodology

We wanted to compare the trend of recent improvements (2011 until "now") against the trend from 2001-2011



UK Period life expectancy Trends

Period life exectancy at birth, Males, UK



Methodology:

Compare
Trend [2011-most recent year]
against
Trend 2001-2011



Methodology for comparisons – data sources

- Compare progress in different countries when we have different data sources, different final years for data
- Main data source is the Human Mortality Database (HMD)
- However, data available for some countries to 2016, others to 2015 (the "bad" year) and some only to 2014
- For the latter cases data from national statistical offices (NSO) was used, if available
- In some cases HMD data was extended with data from NSOs, where not too different from HMD results



Methodology for comparisons

- Wishing to compare annual improvement rates against a common base we chose to use the period [2011-most recent year] against a base of [2001-2011].
- Method fits trend lines to 2001-11 and 2011 onwards using linear regression.
- In the selection of high-income countries in Europe we considered population size and availability of recent data.
 - Comparing rate of increase in longevity:
 - Green = increase Red = decrease

US and UK are seeing longevity improvements slowing down. Where else?



Data source

HMD+NSO

HMD

NSO

Period life expectancy at birth: Months gained per year elapsed

Average trend annual increase in period life expectancy at birth

Country	Last	Ma	ale	Fer	nale	Diffe	rence
	Year	2011+	2001-11	2011+	2001-11	М	F
Australia	2016	1.7	3.1	1.2	2.2	-1.5	-0.9
Austria	2016	2.4	3.0	1.3	2.3	-0.6	-1.0
Belgium	2015	3.0	3.4	1.5	2.1	-0.3	-0.6
Canada	2013/15	1.6	2.9	1.2	2.1	-1.4	-0.9
Czech Republic	2016	3.6	3.5	3.0	3.0	0.1	0.0
Denmark	2015	3.0	3.5	2.8	2.9	-0.4	-0.1
Finland	2016	3.5	2.9	1.9	2.5	0.5	-0.6
France	2015	2.4	3.6	1.1	2.5	-1.2	-1.4
Germany	2015	1.4	3.1	8.0	2.0	-1.7	-1.1
Italy	2014	3.4	3.6	2.6	2.2	-0.1	0.4
<mark>Japan</mark>	2016	3.6	1.9	2.9	1.5	1.7	1.3
Netherlands	2014	2.0	4.2	0.9	2.9	-2.2	-2.0
Norway	2016	3.9	3.3	2.2	2.3	0.5	-0.1
Poland	2016	3.7	2.4	2.5	2.7	1.3	-0.2
Portugal	2015	2.8	4.3	2.2	3.4	-1.5	-1.2
Spain	2016	2.4	3.9	1.6	2.7	-1.5	-1.2
Sweden	2016	1.9	2.7	1.3	1.9	-0.8	-0.6
UK	2016	0.9	3.7	0.4	2.8	-2.8	-2.4
USA	2015	0.2	2.8	0.4	2.2	-2.6	-1.8

Green = better Red = worse



Data source

HMD

NSO

HMD+NSO

Period life expectancy at age 65: Months gained per year elapsed

Average trend annual increase in period life expectancy at age 65

Country	Last	Male		Female		Difference	
	Year	2011+	2001-11	2011+	2001-11	М	F
Australia	2016	1.6	2.3	1.0	1.6	-0.7	-0.6
Austria	2016	0.9	2.0	0.8	1.8	-1.1	-1.0
Belgium	2015	1.5	2.3	0.8	1.7	-0.8	-0.9
Canada	2013/15	1.6	2.2	0.8	1.8	-0.6	-1.0
Czech Republic	2016	2.0	2.1	2.4	2.3	-0.2	0.2
Denmark	2015	2.3	2.3	2.1	2.0	0.0	0.1
Finland	2016	1.5	2.2	8.0	2.2	-0.7	-1.4
France	2015	1.3	2.4	0.6	2.0	-1.2	-1.4
Germany	2015	0.7	2.0	0.4	1.5	-1.3	-1.1
Italy	2014	2.4	2.1	2.0	1.6	0.2	0.4
<mark>Japan</mark>	2016	2.1	1.3	1.9	1.4	0.8	0.5
Netherlands	2014	2.2	3.0	1.3	2.1	-0.8	-0.9
Norway	2016	2.4	2.2	1.3	1.6	0.2	-0.3
Poland	2016	1.6	1.6	1.7	2.2	0.1	-0.5
Portugal	2015	1.4	2.4	1.2	2.4	-1.0	-1.1
Spain	2016	1.1	2.3	1.4	2.2	-1.1	-0.9
Sweden	2016	1.6	1.9	1.0	1.4	-0.3	-0.3
UK	2016	8.0	2.8	0.3	2.3	-2.0	-1.9
USA	2015	0.7	2.2	0.8	1.8	-1.5	-1.0

Green = better Red = worse

14



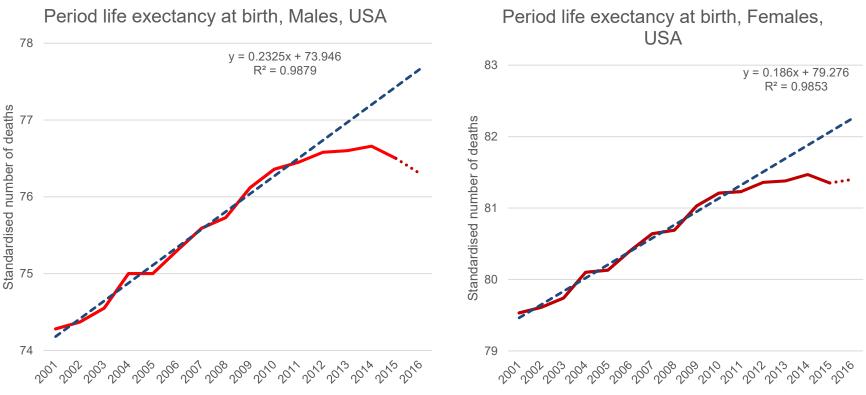
Selected high-income countries

Where are there signs of a fallback – and why?

- US
- UK
- Other European countries
- Canada
- Australia
- Japan



US Period life expectancy at birth



2016: Mortality in the United States, 2016, National Center for Health Statistics https://www.cdc.gov/nchs/products/databriefs/db293.htm
Extension to 2016 done by applying difference between 2015 and 2016 figures from NHSC to HMD data used for analysis

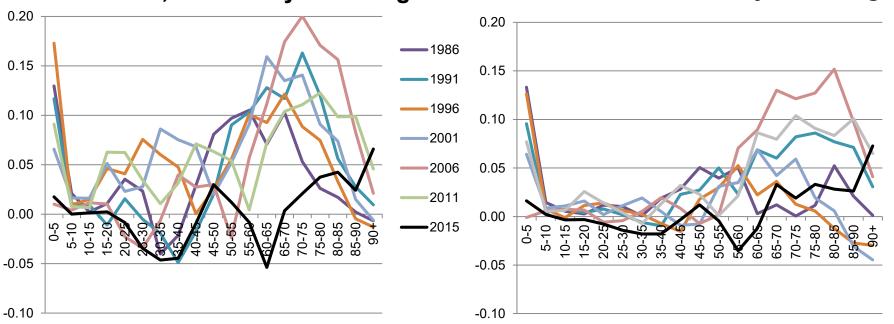
Next: What age groups caused the slow-down?



US increase in partial life expectancy by 5-year age bands, for 5-year periods ending 1986 to 2011 and 4-year to 2015



USA, Female five year change

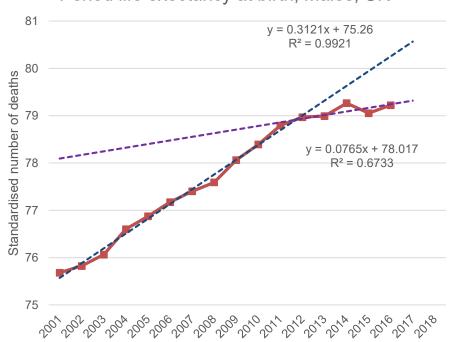


Next: UK

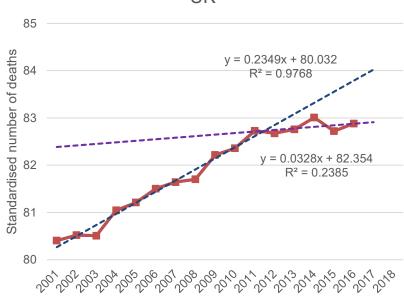


UK: Period life expectancy at birth 2001 to 2016



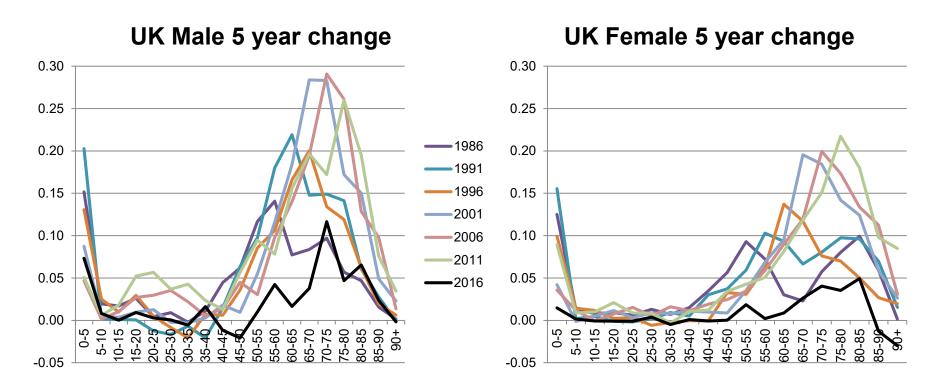


Period life exectancy at birth, Females, UK





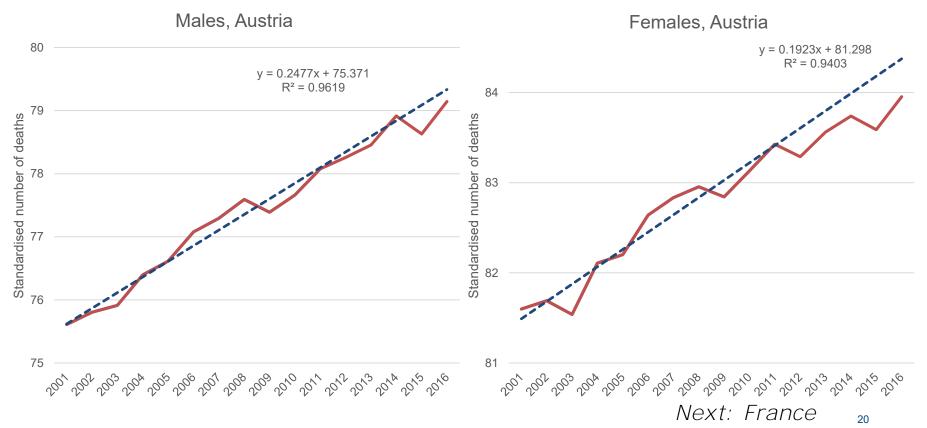
UK increase in partial life expectancy by 5-year age bands, for 5-year periods ending 1986 to 2016



Next: other European countries -Austria



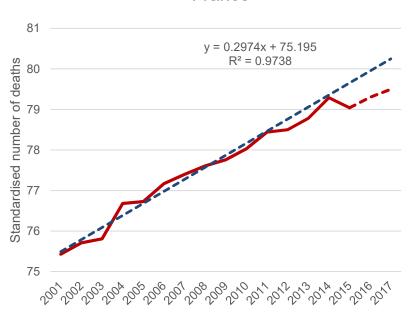
Austria Period life expectancy growth fell in 2012 for females, in 2015 and is recovering better for males than for females



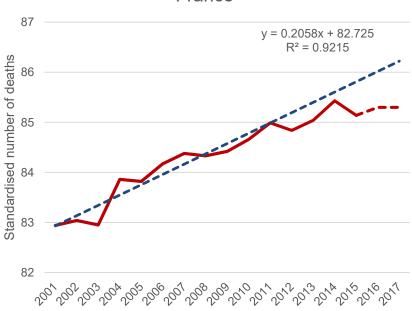


France: Period life expectancy at birth from 2001





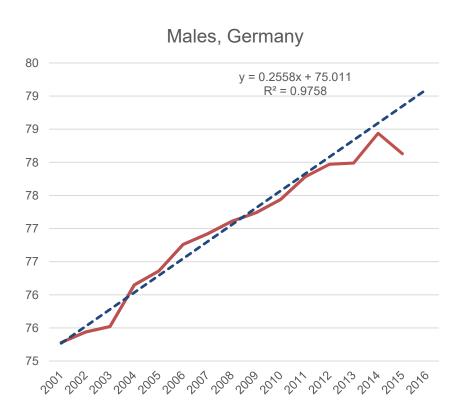
Period life exectancy at birth, Females, France

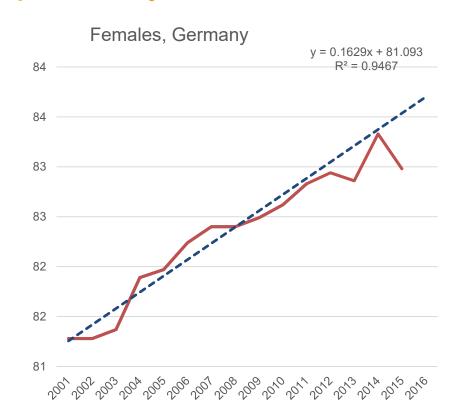


See also Espérance de vie à divers âges en 2017 Données annuelles de 1994 à 2017, Insee https://www.insee.fr/fr/statistiques/2416631#Tableau-Donnes Courtesy Marine Habart



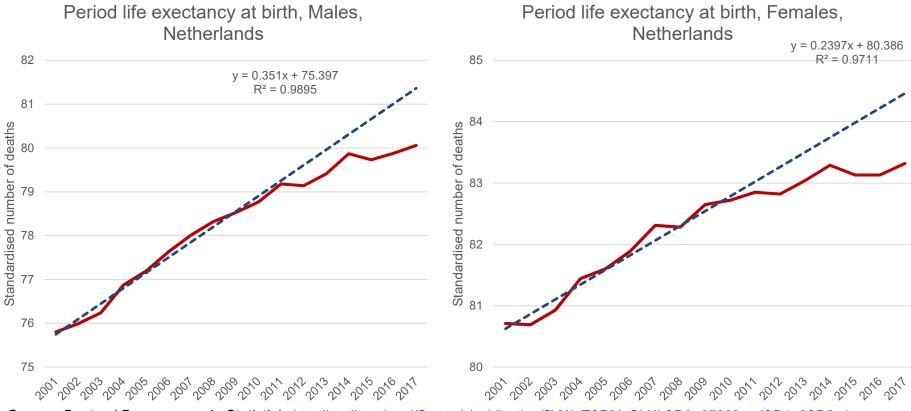
Germany Period life expectancy at birth







The Netherlands: Period life expectancy at birth

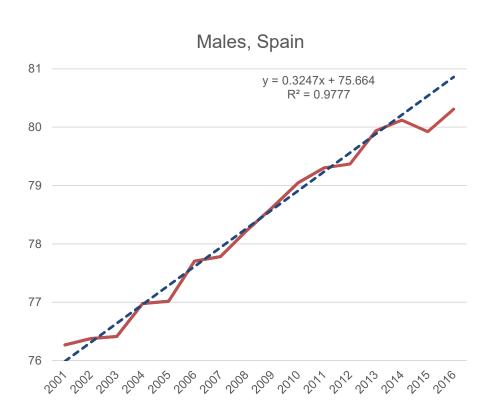


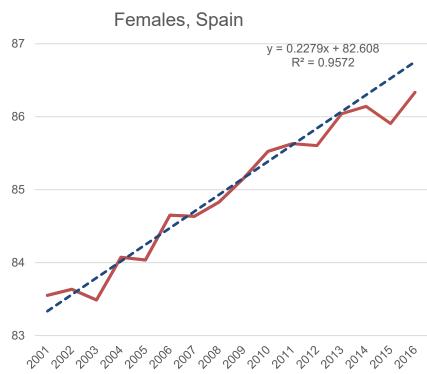
Source: Centraal Bureau voor de Statistiek, <a href="http://statline.cbs.nl/Statweb/publication/?VW=T&DM=SLNL&PA=37360ned&D1=3&D2=1-2&D3=0&D4=77,79-83,85-89,91-95,97-98&HD=180525-1109&HDR=G1,T&STB=G2,G3 Courtesy Hans de Mik

Next: Spain



Spain Period life expectancy at birth

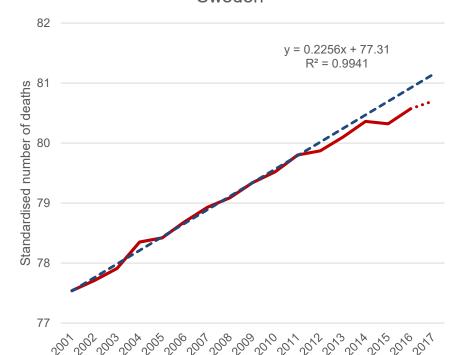




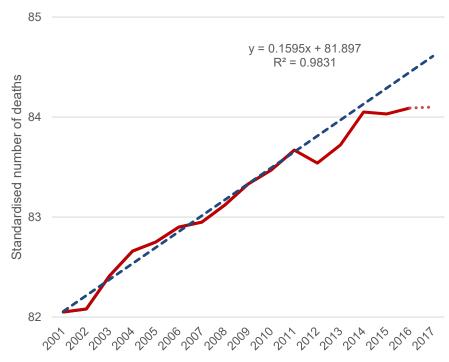


Sweden: Period life expectancy at birth





Period life exectancy at birth, Females, Sweden

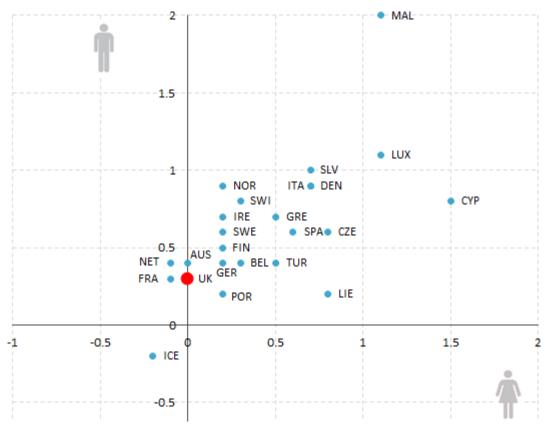


Source for 2017: http://www.statistikdatabasen.scb.se/pxweb/en/ssd/START_5d2a-4259-a8eb-6bb54a495f6e Courtesy Rikard Bergstrom

BE BE0101 BE0101I/LivslangdEttariga/?rxid=984223ab-Next: European countries combined

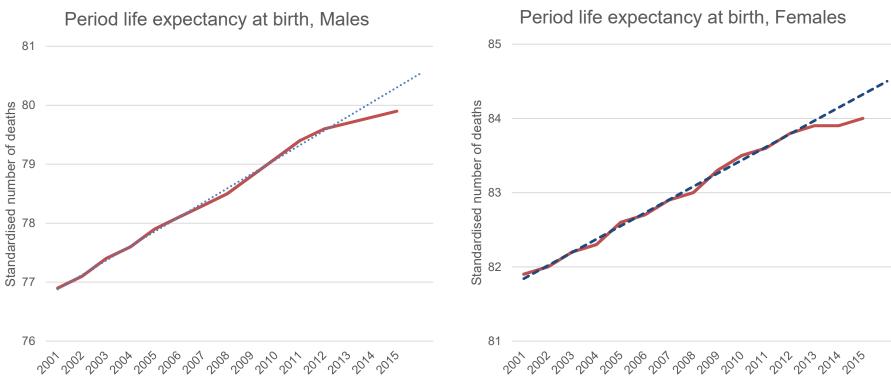


European countries Period life expectancy growth 2011-2016





Canada Period life expectancy at birth



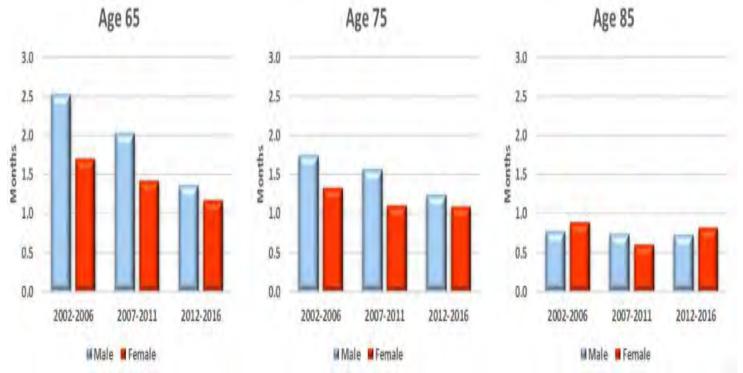
Source: Report on the Demographic Situation in Canada Mortality: Overview, 2014 to 2016 by Rufteen Shumanty

Next: Canada Old Age Security experience



Canada Old Age Security (OAS) Program

Average Annual Increase in Life Expectancy of OAS Beneficiaries (in months)

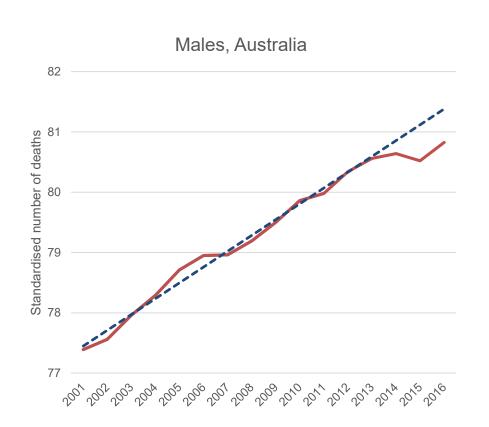


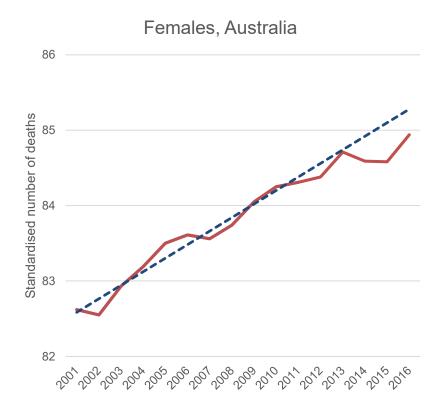
Canada, Old Age Security (OAS) Program Mortality Experience Fact Sheet, Office of the Superintendent of Financial Institutions http://www.osfi-bsif.gc.ca/eng/oca-bac/fs-fr/Pages/oas_pme.aspx Courtesy Assia Billig

Next: Australia 28



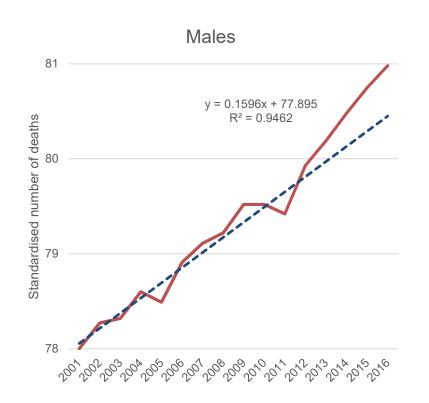
Australia Period life expectancy

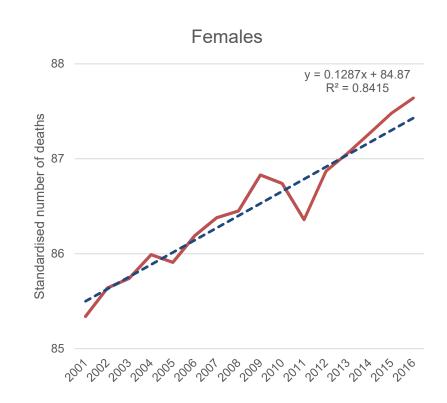






Japan period life expectancy







Selected high-income countries

Where are there signs of a fallback – and why?

- US
- •••

UK

- Other European countries



- Canada
- \odot

Australia



Japan – the exception





Now, what about causes and drivers? -

Possible causes and drivers

Looking for **major** causes and drivers that might have contributed to the recent changes

How about *your* country/experience? Are there the same influences?



Groupings, Causes and drivers

Seasonal factors (eg winter mortality)

Causes of death

"working age" causes (15-64)

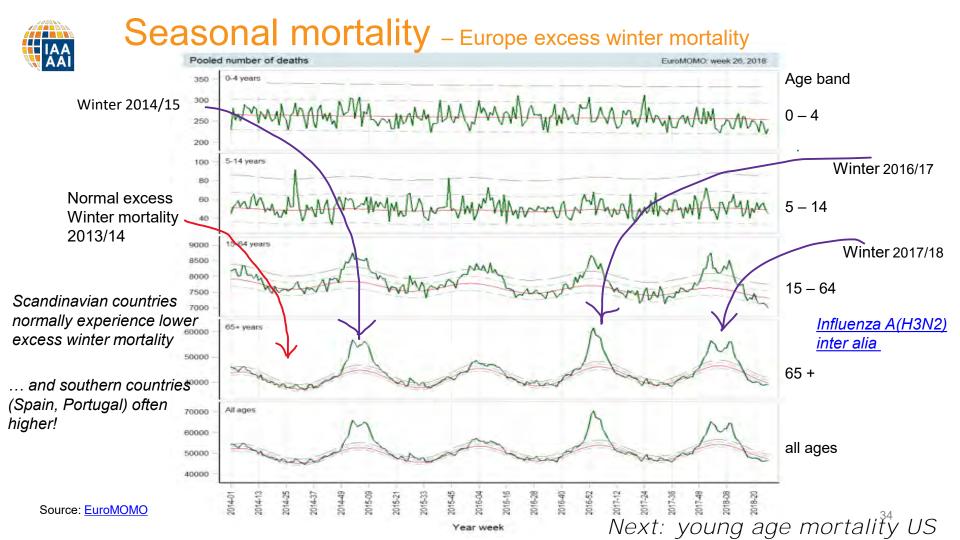
cardiovascular/circulatory/stroke

dementia

Drivers: behaviours - smoking - obesity

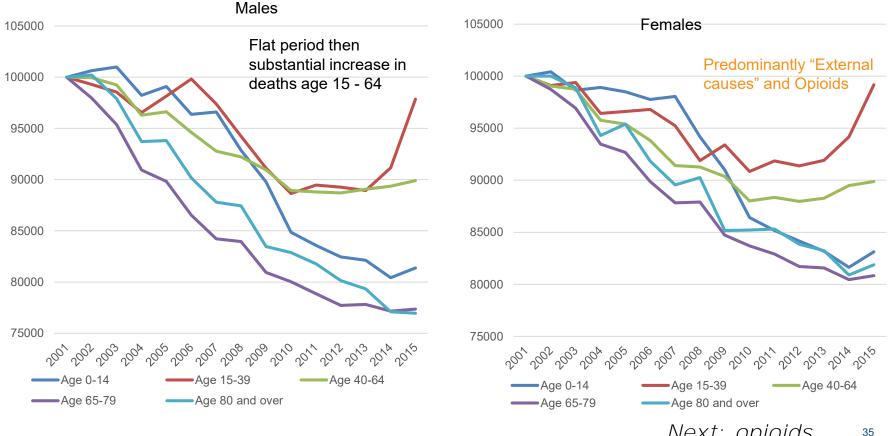
Socio-economic groups and deprivation

Austerity





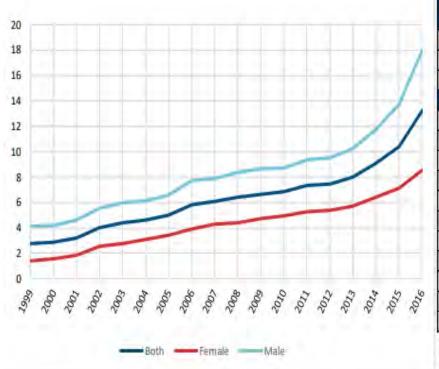
US Standardised deaths indexed to 100k in 2001





US Opioids: Age adjusted mortality 1999-2016 Deaths





	Annual Improvement						
All Ages	1999-2016	2011-2016	2015-2016				
Both	-9.7%	-12.5%	-27.4%				
Female	-11.2%	-10.1%	-19.9%				
Male	-9.0%	-13.9%	-31.1%				
ge Group*							
<1	**	**	**				
1-4	**	**	**				
5 - 14	**	**	**				
15 - 24	-10.9%	-9.8%	-31.7%				
25 - 34	-11.4%	-15.4%	-33.2%				
35 - 44	-7.4%	-14.1%	-30.6%				
45 - 54	-8.3%	-8.7%	-20.6%				
55 - 64	-14.7%	-14.5%	-22.5%				
65 - 74	-13.1%	-15.6%	-20.8%				
75 - 84	-6.1%	-9.7%	-3.2%				
85+	-5.8%	0.6%	6.5%				

overall mortality rate (both genders) due to opioid drug overdose increased 27.4% in 2016

^{*}includes both genders

^{**}Less than 10 deaths. See section 3.

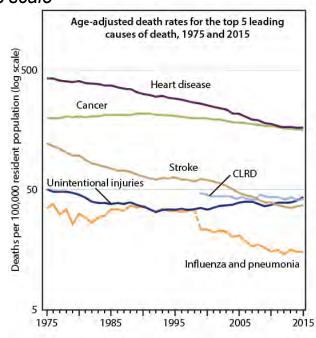


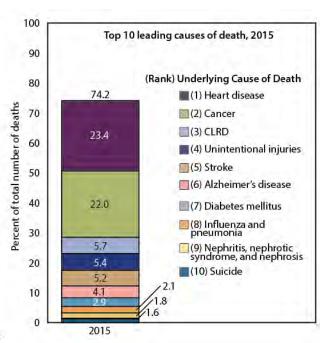
US top 5 causes of death (all ages)

NB - logarithmic scale

Cardiovascular/ circulatory/ Stroke

Substantial improvements (reduced by 1/3) now slowing





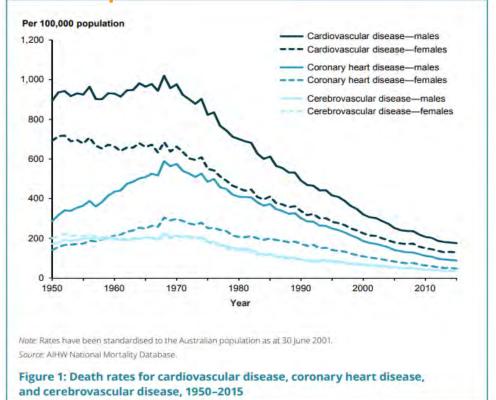
Source: NHCS



Australia top causes of death



CHD Cerebrovascular



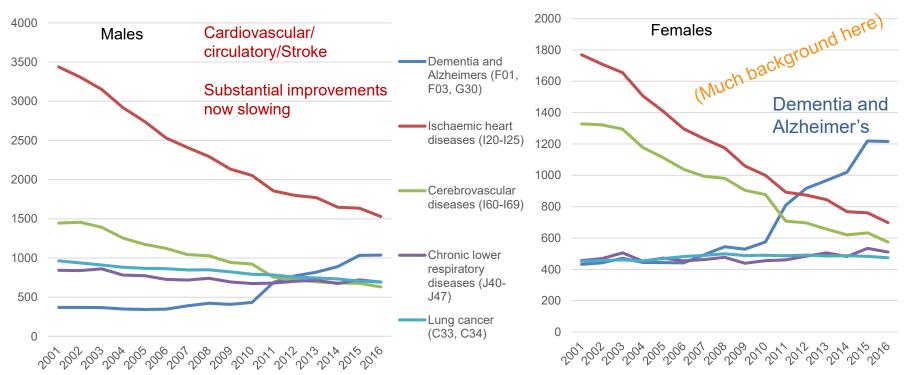
"As the death rate from cardiovascular disease fell, rates from other diseases, such as dementia rose. Dementia might soon overtake coronary heart disease as the single leading cause of death in Australia (ABS 2016).

There are close associations between dementia and cardiovascular disease— cardiovascular disease itself is a major cause of dementia, and it is often listed as an associated cause when dementia is the underlying cause of death."

Source: Trends in cardiovascular deaths, Australian Institute of Health and Welfare Bulletin 141 • September 2017 https://www.aihw.gov.au/getmedia/2ba74f7f-d812-4539-a006-ca39b34d8120/aihw-21213.pdf



E&W Age standardised mortality rates for top five leading causes of death M, F (per million population)



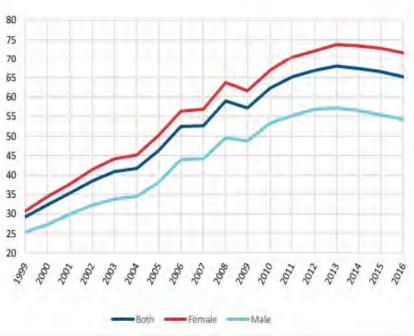
Source: Deaths registered in England and Wales (series DR): 2016

Next: US Dementia and Alzheimer's

https://www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages/deaths/bulletins/deathsregisteredine 39 nglandandwalesseriesdr/2016#dementia-and-alzheimer-disease-remained-the-leading-cause-of-death-in-2016



US Alzheimer's/Dementia, age adjusted mortality 1999-2016



All Ages	Annual Improvement		
	1999-2016	2011-2016	2015-2016
Both	-4.8%	0.0%	1.8%
Female	-5.1%	-0.3%	1.5%
Male	-4.6%	0.4%	2.0%
ge Group*	7.00		
<1	**	**	**
1-4	**	**	**
5 - 14	**	**	**
15 - 24	**	**	**
25 - 34	**	**	**
35 - 44	-1.4%	6.1%	30.2%
45 - 54	-3.8%	3.2%	-8.0%
55 - 64	-4.2%	0.1%	-4.3%
65 - 74	-3.6%	0.0%	-1.5%
75 - 84	-4.4%	0.9%	2.6%
85+	-5.1%	-0.4%	1.7%

^{*}includes both genders

U.S. Population Mortality Observations Updated with 2016 Experience, Holman et al. SOA 2018 https://www.soa.org/Files/resources/research-report/2018/us-population-mortality.pdf

Next: trend or blip?

^{**}Less than 10 deaths. See section 3.

Summarising Causes.

Is this a trend or a blip? Similarities internationally?

How about your country/experience? Are there the same influences?



Groupings, Causes and drivers summary so far

Seasonal factors (eg winter mortality)

Blip? - 3 years in past 4 (Europe)

Causes of death

"working age" causes (15-64) US

Blip? Opioids Hard to reverse

cardiovascular/circulatory/stroke

Blip? Only if the decline in improvements reversed

Dementia

Mixed

NB Considerable variations between countries

Drivers: behaviours - smoking - obesity

Socio-economic groups and deprivation

Austerity

Next: Drivers



Drivers

- Behaviours
- Smoking
- Obesity
- Socio-economic factors
- Austerity



Drivers: behaviours - smoking - obesity

Look at the big ones for clues on trends or blip

Behaviours account for up to 50% of all deaths.
 What effects recently? US deaths from drug and alcohol poisoning, suicide, and chronic liver disease and cirrhosis

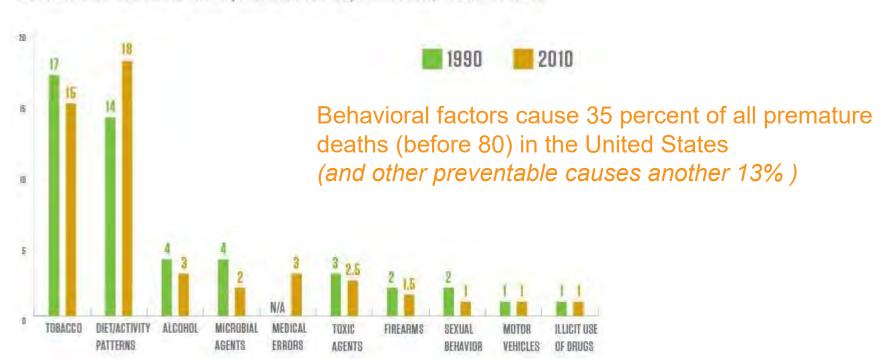
Smoking: Is the effect of past generations quitting smoking now fading out?

Obesity is the effect increasing?



US Behaviors: Smoking and dietary deaths 2010

PERCENT OF EARLY DEATHS (BEFORE AGE 80) BY CAUSE, 1990 AND 2010



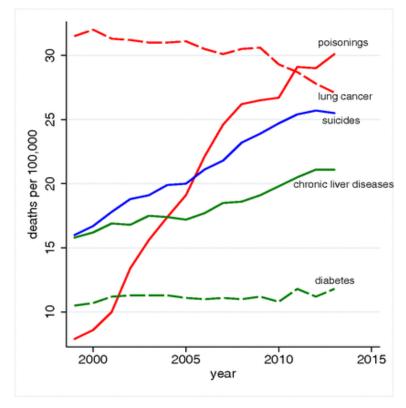
Source: Up to Half of U.S. Premature Deaths Are Preventable; Behavioral Factors Key: Mather and Scommegna 2015

https://www.prb.org/us-premature-deaths/

Next: white non-Hispanics US



US Behaviors: white non-Hispanics 45-54 deaths

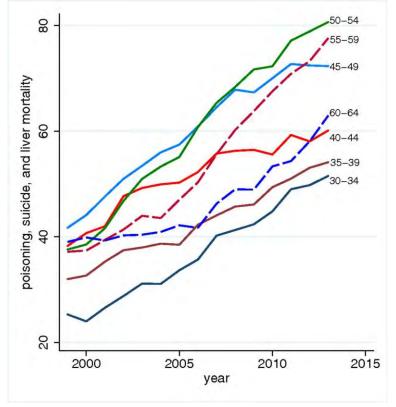


The change in all-cause mortality for white non-Hispanics 45–54 is largely accounted for by an increasing death rate from external causes.

Source: Case, A.; Deaton, A. (2015). Rising morbidity and mortality in midlife among white non-Hispanic Americans in the 21st century. Proceedings of the National Academy of Sciences (2015) 112 Next: it's all age groups 46



US Behaviors: it's all age groups from 30-64



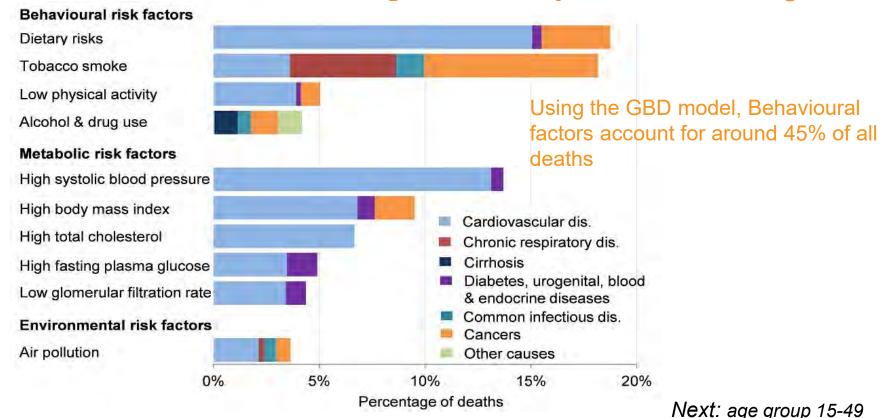
All 5-y age groups between 30–34 and 60–64 have witnessed marked and similar increases in mortality from the sum of drug and alcohol poisoning, suicide, and chronic liver disease and cirrhosis over the period 1999–2013 Case and Deaton

Case, A.; Deaton, A. (2015). Rising morbidity and mortality in midlife among white non-Hispanic Americans in the 21st century. Proceedings of the National Academy of Sciences (2015) 112

Next: England



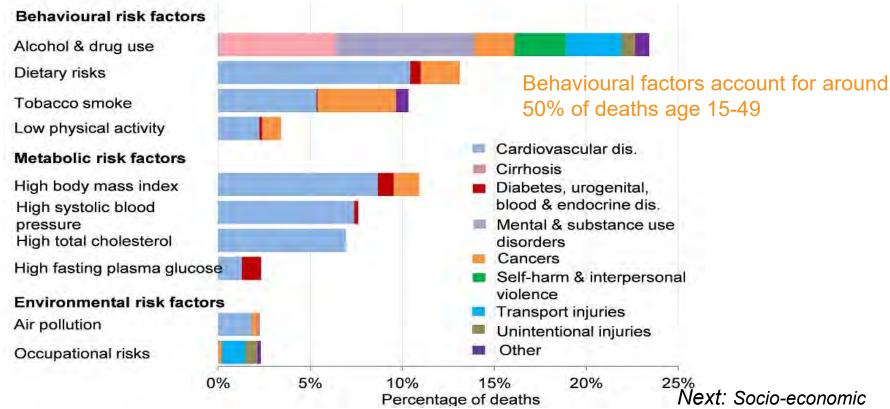
Behaviours: Smoking and dietary risk factors England



Source: Health profile for England, Chapter 2: major causes of death and how they have changed July 2017



Behaviours: risk factors age 15-49 England



Source: Health profile for England, Chapter 2: major causes of death and how they have changed July 2017

groups and deprivation: US

https://www.gov.uk/government/publications/health-profile-for-england/chapter-2-major-causes-of-death-and-how-they-have-changed



Drivers: socio-economic factors - austerity

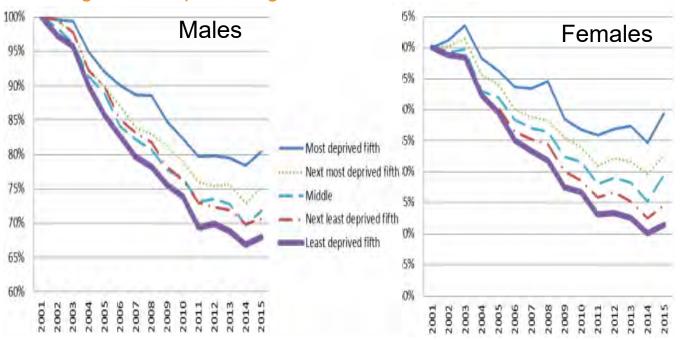
Socio-economic factors: US, UK, France – Socio-economic gap increasing

Austerity: Europe, US



England: Socio-economic gap. Progression of death rates

for those aged 60-89 of each socioeconomic circumstances quintile – mortality given as a percentage of that in 2001



It's mainly about money

"Of the many factors including income, education, crime, health, housing, environment and unemployment, income deprivation is the strongest independent predictor of mortality rates"

Life expectancy: is the socioeconomic gap narrowing? Longevity Science Panel Feb 2018

http://www.longevitypanel.co.uk/ files/LSP Report.pdf

Next: Austerity



Austerity – mixed messages

EUROPE: "The slowing down of improvements in life expectancy, correlated to the level of austerity, raises uncomfortable questions as to whether we are beginning to transition **from** the era of consistently improving population health **to** a new age characterised by an **instability in population health** largely dictated by the social and political determinants of health."

"While **income inequality** has increased in both the United States and France, **inequality in mortality** in France remained remarkably low and stable"

Source: <u>Austerity and the new age of population health?</u> Mark A Green, Scandinavian Journal of Public Health

Source: Mortality (in)equality in France and the United States, J Currie et al National Bureau of Economic Research, Cambridge, MA

What are actuaries doing about it?

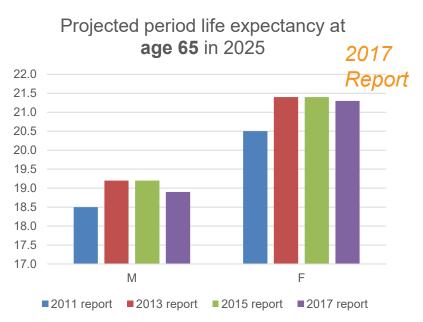
Projections



US OASDI: Successive projected period life expectancies in 2025





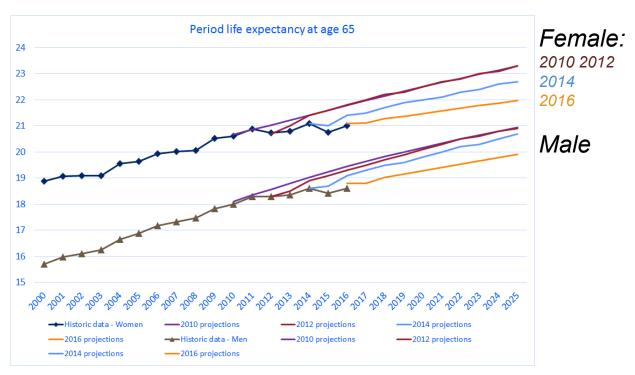


Source: USA Federal Old-age and Survivors insurance and federal Disability insurance trust funds (OASDI)

Next: UK ONS



UK Office for National Statistics: period life expectancy projections age 65 from 2010 to 2016



Source: Office for National Statistics

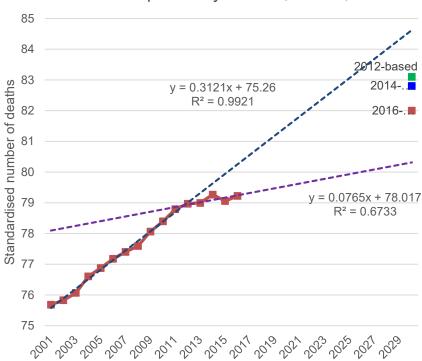
Next: How does it compare with trend observed?



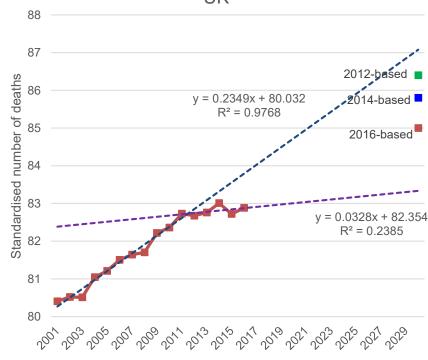
UK: Historical and projected period life

expectancy at birth

Period life expectancy at birth, Males, UK



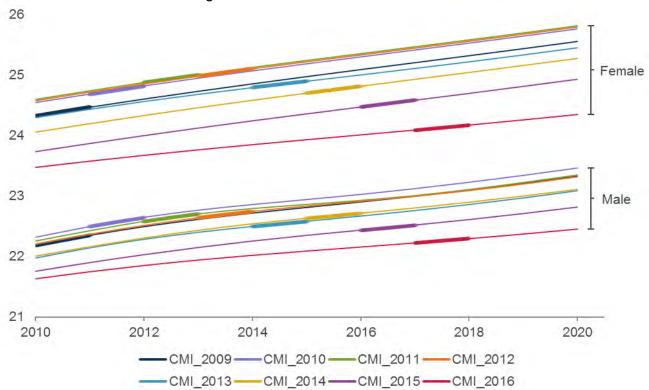






The CMI Model – Life expectancy age 65

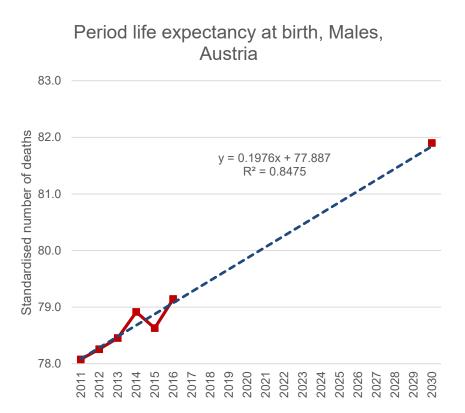
CMI life expectancy projections have been reduced in successive iterations of the model – age 65 shown

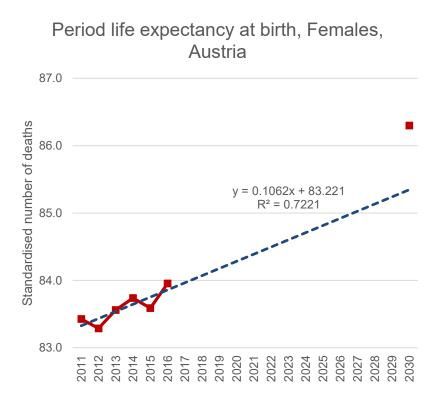


Source: CMI WP 97 Next: Canada Pension Plan



Austria: projected life expectancy at birth for 2030

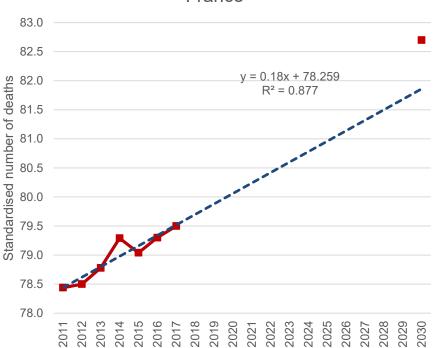




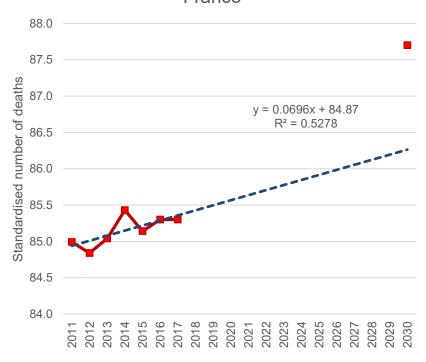


France: projected life expectancy at birth for 2030





Period life expectancy at birth, Females, France

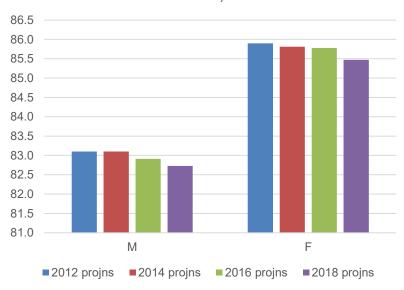


Ttrend line extrapolated to 2030 and the projected period life expectancy for males and females in 2030 from the latest population projections for France (2031-2070) is also shown. Source: INSEE

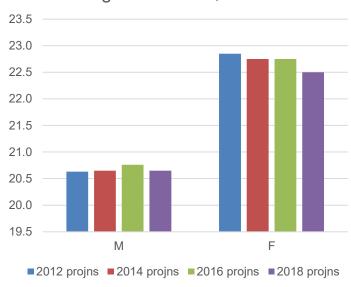


Sweden population: Projected period life expectancies in 2025

Projected period life expectancy at birth in 2030, Sweden



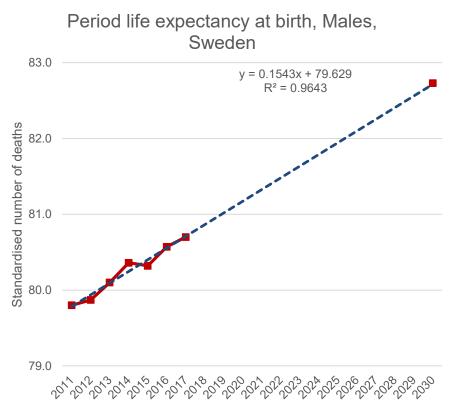
Projected period life expectancy at age 65 in 2030, Sweden

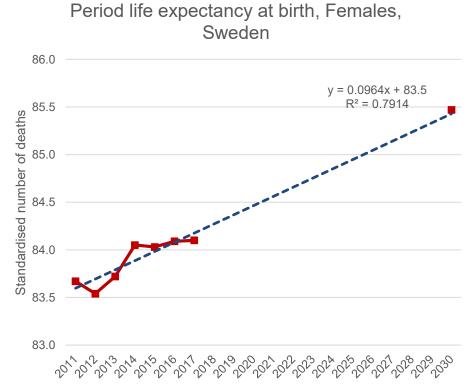


Next: vs trend line



Sweden: projected life expectancy at birth for 2030



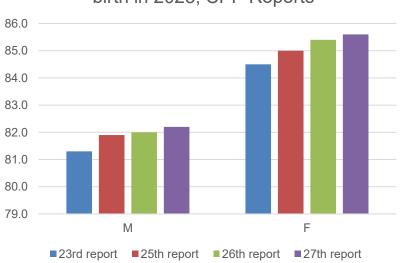


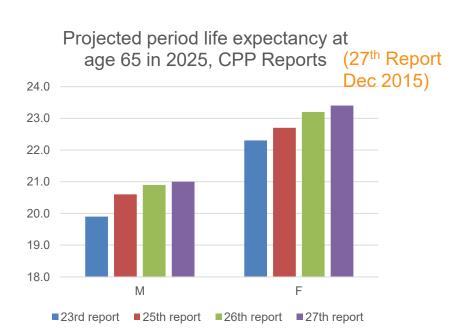
Next: Canada Projections



Canada Pension Plan: Successive projected period life expectancies in 2025

Projected period life expectancy at birth in 2025, CPP Reports

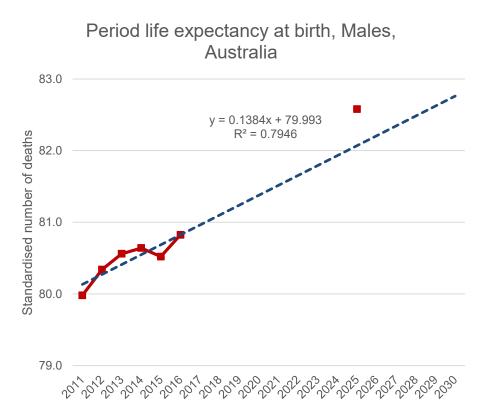


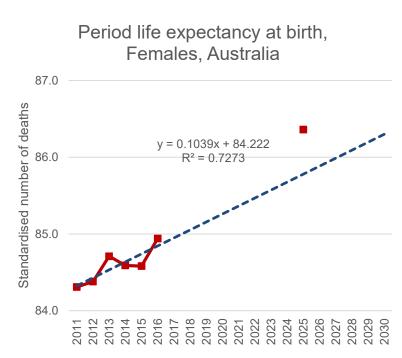


Source: http://www.osfi-bsif.gc.ca/Eng/oca-bac/ar-ra/cpp-rpc/Pages/default.aspx



Australia: with projected life expectancy at birth for 2025/6





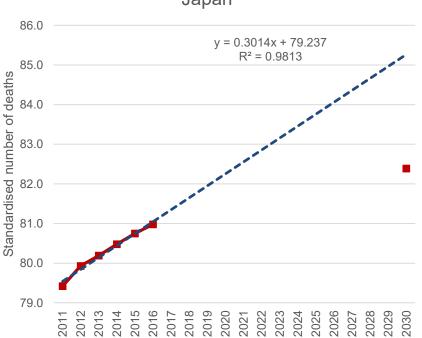
Projected year here is 2025/6; data not readily available for 2030. These are from the 2011-2060 projections so reasonably old – can't find more recent projections

Next: Japan

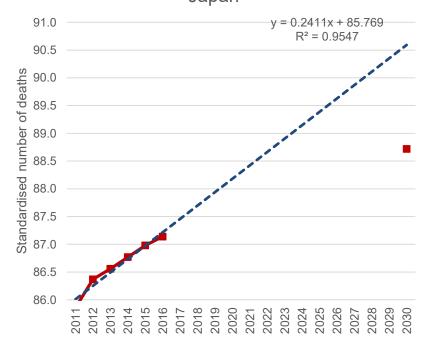


Japan: with projected life expectancy at birth for 2030





Period life expectancy at birth, Females, Japan



Next: Conclusions



Conclusions

Longevity improvements have slowed down in most countries Underlying causes unlikely to disappear

- Excess winter mortality
- "External causes"
- Opioids
- Cardiovascular/circulatory/stroke gains slackening
- Dementia and Alzheimer's mixed
- Poverty and the widening socio-economic gap
- Austerity

Impact on insured and pensioner populations differ:

different subsets of the population exposure by "amounts" higher for higher socio-economic groups



Conclusions

Longevity improvements have slowed down in most countries

Underlying causes unlikely to disappear

- Excess winter mortality
- "External causes"
- Opioids

- My views only

 My views only

 Please bring your views to the Discussion

 Assia's paper)

 Please bring your views to the Discussion

 Assia's paper)

 Session at the end (after Assia's paper)
- Cardiovascular/circulatory/stroke gains slackening
- Dementia and Alzheimer's mixed
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Impact on insured and pensioner populations differ:

different subsets of the population

exposure by "amounts" higher for higher socio-economic groups



www.actuaries.org/mortality

Our website

About the IAA Council

Sections

Country Reports

Committees

Publications

Mortality Working Group

Scientific (namittee

References to relevant papers

Terms or reference

Country reports

Half-yearly **Updates** with all papers presented at our meetings

Mortality Working Group

Updates

Members

Insights about the level of mortality rates around the world, and the trepels of future mortality rates, have never been more important. While mortality rates are declining in most count es, in other countries they are stable and in some instances are even increasing. Mortality rates affect many aspects of society, including:

Information Base

The costs of old age income support in Social Security systems;

Events

- The proportion of resources absorbed by government sponsored and private
- · The financial position of defined benefit pension funds;
- The probability that assets will be sufficient for retirement needs or members of defined contribution funds:
- The solvency requirements of life insurers;
- · Pricing of long term mortality related financial products;
- Work place practices relating to the employment of older workers;
- . The growth of certain industries (such as aged care services) and the need for infrastructure (such as accessibility to transport).

www.actuaries.org/mortality

About the IAA Council

Sections

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Mortality Working Group

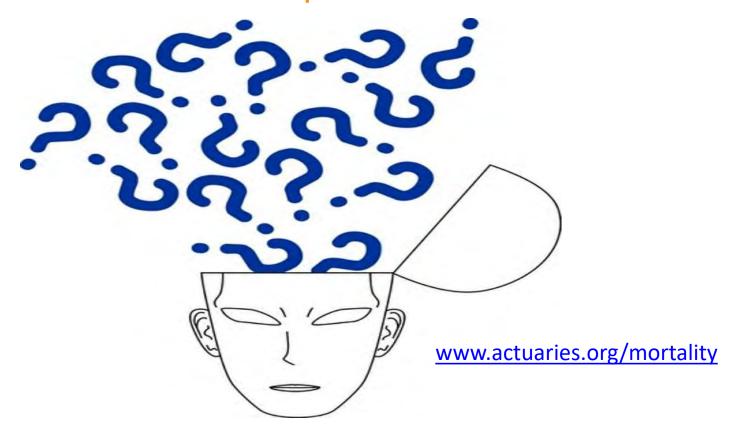
If you are interested in Longevity and Mortality do join us as an Interested Person You'll get Half-yearly Updates and Event Information

Free of charge

Just email: iaamwg@actuaries.org



Comments and questions?



Thank you



Brian Ridsdale br@ridsdales.com https://www.actuaries.org/mortality



Terminology etc

ONS Office for National Statistics (UK)

ASMR Age-Standardised Mortality Rate

E & W England and Wales

NHS UK National Health Service, providing medical care to 100% of the population

"Medical treatment covering all requirements will be provided for all citizens by a national health service". Sir William Beveridge (1942)

NHCS US National Center for Health Statistics

EOL "Life expectancy" = Period life expectancy (unless specifically mentioned)

We have chosen here to focus on life expectancy at birth, as "recent" EOLs at other ages are often not available

European Standard Population: Used to prepare age-standardised deaths on the same basis

Sources are <u>hyperlinked</u> from the relevant slide

About the speaker



- Brian Ridsdale BSc, FFA, CEng, MBCS
- Chair, IAA Mortality Working Group
- Member IFoA Mortality Research Steering Cttee

- Director, Solent Credit Union
- Past Chair, CMI
- Past Trustee, Christian Aid
- Past Vice President, Faculty of Actuaries UK
- Past General Manager, Zurich Life UK