#### **2019 Predictive Analytics Symposium**

Session 12: B/I - Dangers of Overfitting; Myths and Facts of Predictive Analytics (PA)

SOA Antitrust Compliance Guidelines
SOA Presentation Disclaimer



#### Agenda

**1** Motivation

**02** What is Overfitting?

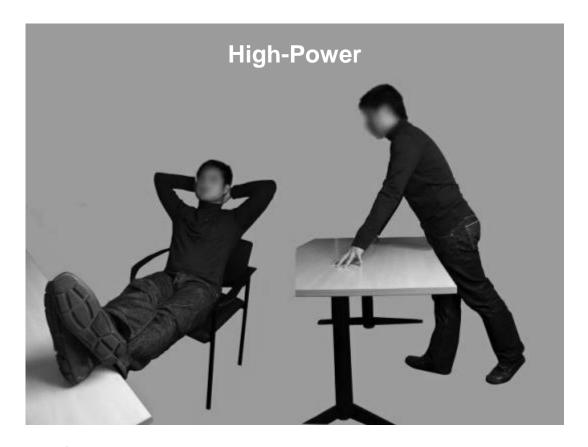
**03** When Does Overfitting Occur?

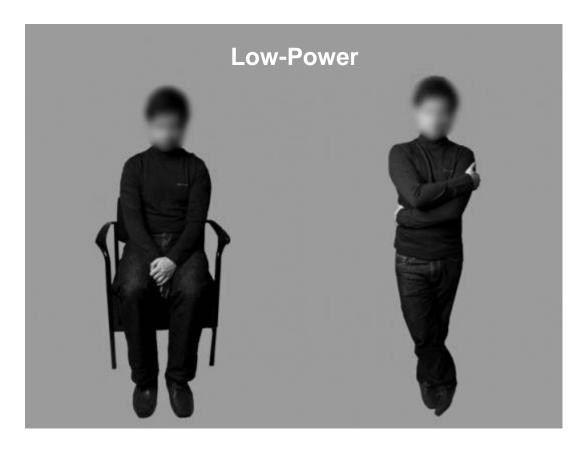


## **Power Posing**

Power Posing: Brief Nonverbal Displays Affect Neuroendocrine Levels and Risk Tolerance

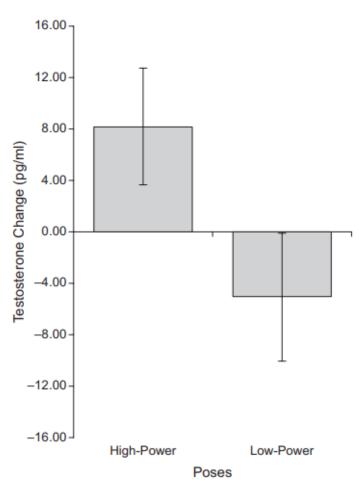
Authors: Dana R. Carney, Amy J.C. Cuddy, and Andy J. Yap



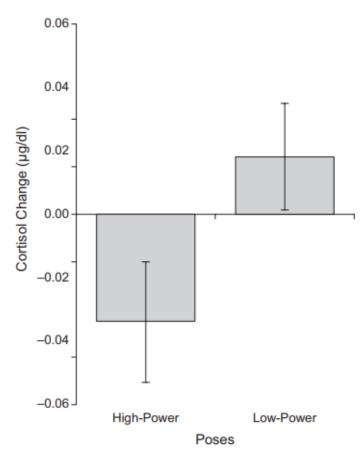




#### **Power Posing**



**Fig. 3.** Mean changes in the dominance hormone testosterone following high-power and low-power poses. Changes are depicted as difference scores (Time 2-Time 1). Error bars represent standard errors of the mean.



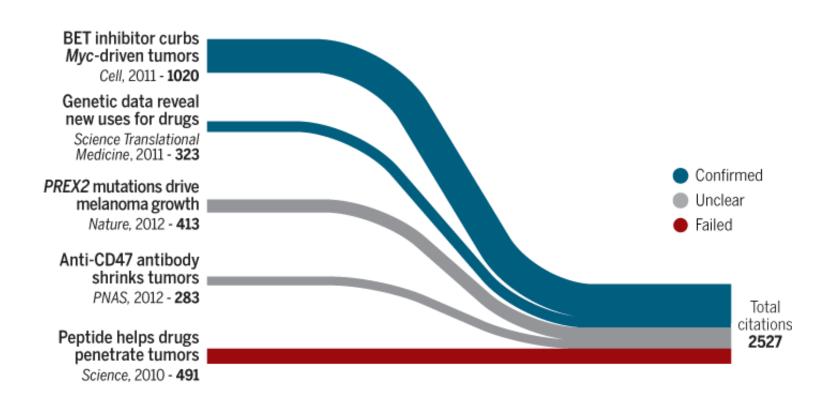
**Fig. 4.** Mean changes in the stress hormone cortisol following high-power and low-power poses. Changes are depicted as difference scores (Time 2 – Time 1). Error bars represent standard errors of the mean.

#### **Findings**

Increased testosterone levels/lower cortisol levels among high-power posers



#### **Power Posing**



Power pose is not unique.

In 2015, two thirds of psychology studies failed replication tests.

Cancer studies have faced similar problems with non-replicable findings.



#### Motivation: Building Predictive Models



We are asked to build predictive models



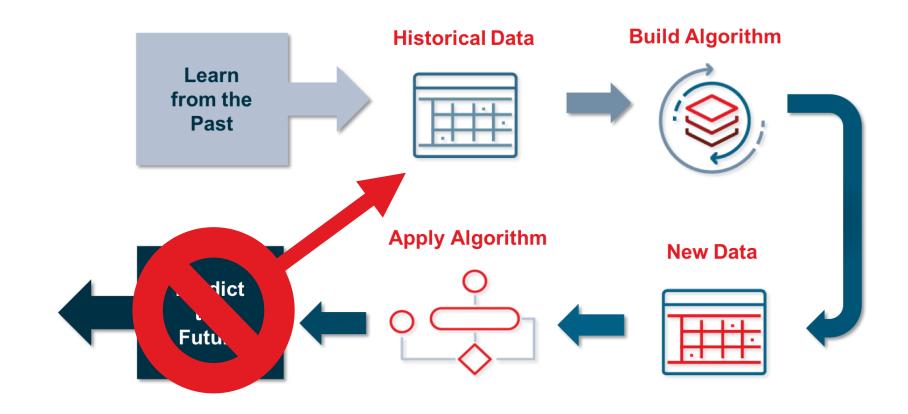
We are given a fixed set of data



**PROBLEM:** How do we know our model will predict new data reasonably well?



## Motivation: Building Predictive Models





#### Agenda

Motivation

**02** What is Overfitting?

**03** When Does Overfitting Occur?



#### **Overfitting Definition**

"The problem of capitalizing on the idiosyncratic characteristics of the sample at hand. Overfitting yields overly optimistic model results: "findings" that appear in an overfitted model don't really exist in the population and hence will not replicate." (Babyak, 2004)





#### Agenda

Motivation

**02** What is Overfitting?

**03** When Does Overfitting Occur?



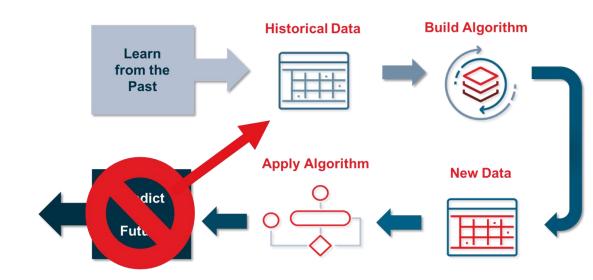
Generally, overfitting occurs due to analyst oversight in two key areas:



Researcher degrees of freedom (also known as procedural overfitting, data dredging, p-hacking, etc.)



Asking too much from the data (model complexity)

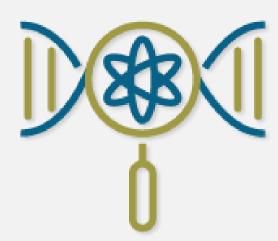




#### **Example:**

Dataset of 1000 individuals for a weight-loss biomarker study with three time points





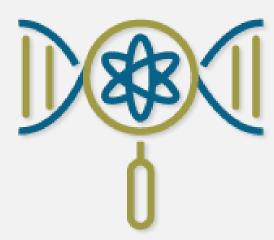


Bob performs some simple data exploration.

He first uses data visualization to investigate the average activity of all the genes across all the individuals at each of the time points, and observes that there is very little difference between time 1 and 2 and there is a large jump between time 2 and 3 in the average activity.

So **he decides** to focus on these later two time points.

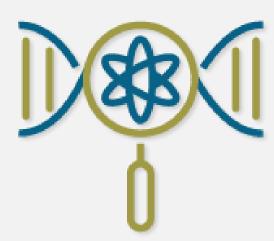






Next, he realizes that **half of the genes** always have low activity values and decides to simply filter them out.



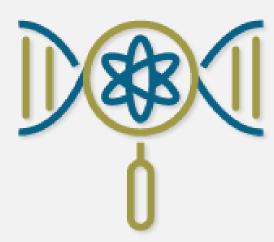




Finally, he **computes the correlations** between the activity of the 1000 post-filtered genes and the weight change between time 2 and 3.

He selects the gene with the largest correlation and reports its value.





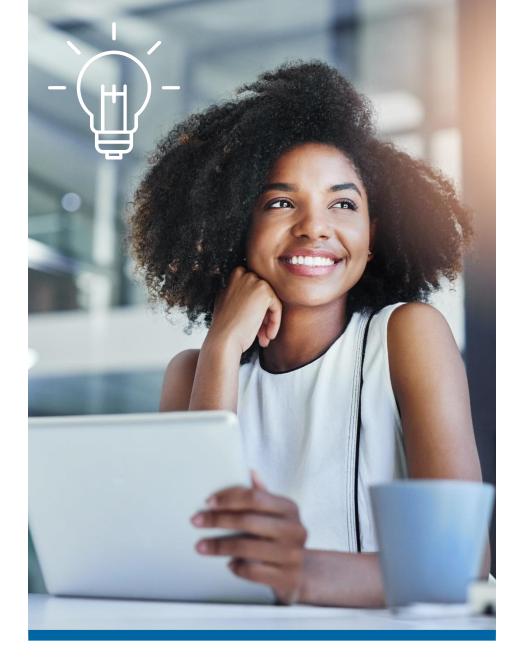






The culprit is a construct we refer to as researcher degrees of freedom. In the course of collecting and analyzing data, researchers have many decisions to make:

- Should more data be collected?
- Should some observations be excluded?
- Which conditions should be combined and which ones compared?
- Which control variables should be considered?
- Should specific measures be combined or transformed or both?





Bob performs some simple data exploration.

He first uses data visualization to investigate the average activity of all the genes across all the individuals at each of the time points, and observes that there is very little difference between time 1 and 2 and there is a large jump between time 2 and 3 in the average activity.

So he decides to focus on these later two time points.



Research design decisions shouldn't be contingent on observed results. Use previous experience or knowledge to guide analysis choices.



Next, he realizes that **half of the genes** always have low activity values and decides to simply filter them out.



What are "low" activity values? These decisions may be arbitrary. If they're determined by this dataset, it may not generalize.

Finally, he **computes the correlations** between the activity of the 1000 post-filtered genes and the weight change between time 2 and 3.

He selects the gene with the largest correlation and reports its value.



"largest"
correlation is
built upon the
series of
analysis
choices made
before it.
Again, may
not generalize.

#### Researcher Degrees of Freedom



Make research design decisions before analyzing the data



Where applicable, use subject matter knowledge to inform data aggregation (i.e., age groups)



Limit the exclusion of data



Validate your results (discussed later in the presentation)



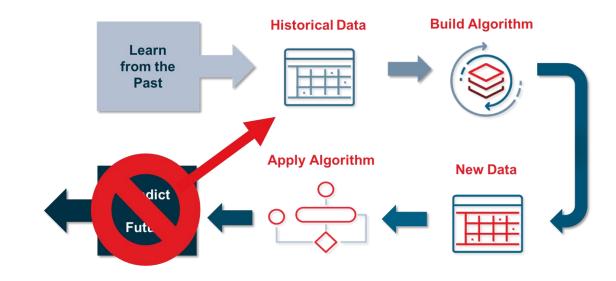
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Researcher degrees of freedom (also known as procedural overfitting, data dredging, p-hacking, etc.)



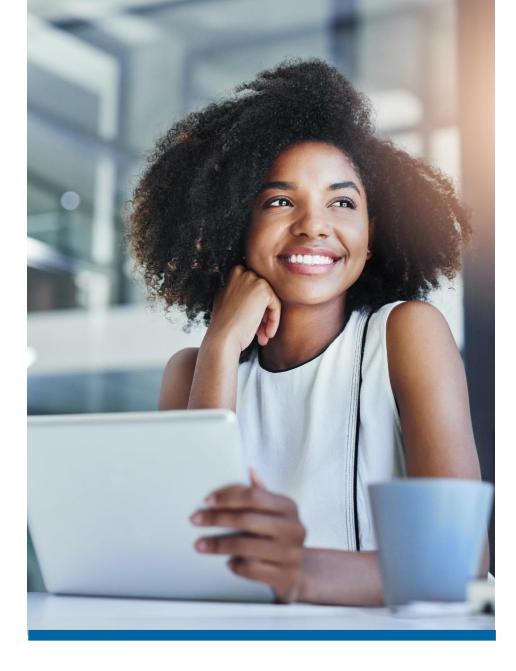
Asking too much from the data (model complexity)





"Given a certain number of observations in a data set, there is an upper limit to the complexity of the model that can be derived with any acceptable degree of uncertainty." (Babyak, 2004)



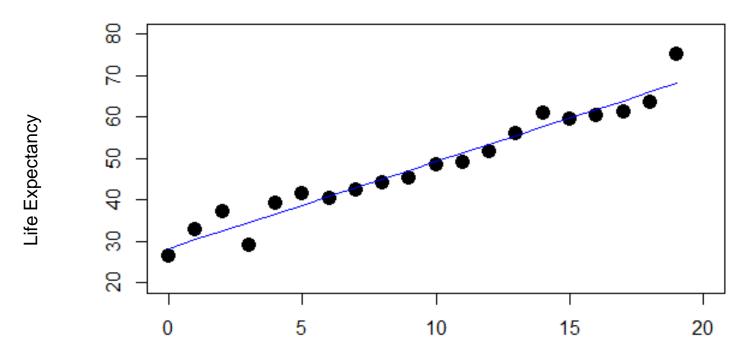




#### Sample Size & Model Complexity

Example: Simulated Data

N: 20



Average Number of Miles Walked a Week



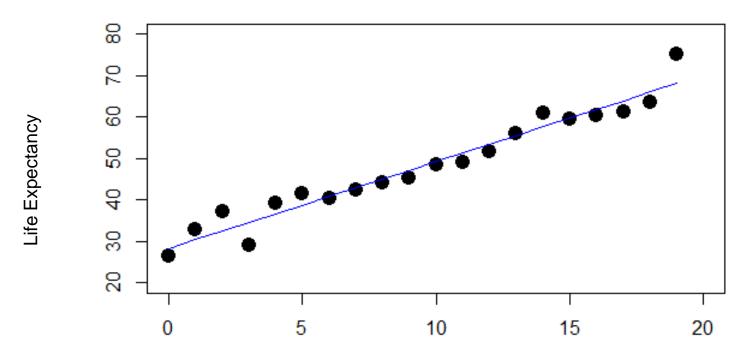
## Let's build a model



#### Sample Size & Model Complexity

Example: Simulated Data

N: 20



Average Number of Miles Walked a Week



Simple Model  $Y = \beta_0 + \beta_1 X$ 

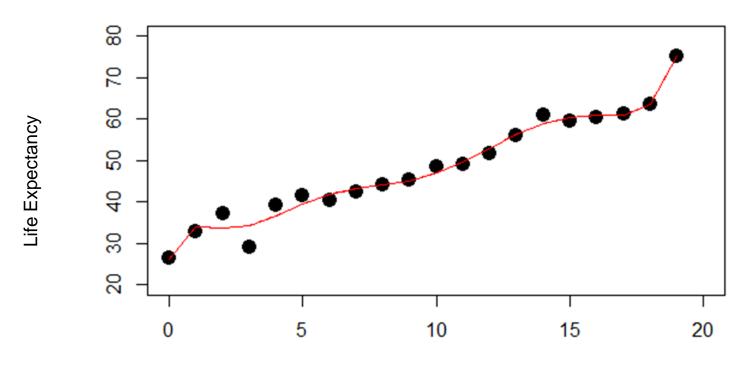
**Simple Model Error** MSE: 8.45



#### Sample Size & Model Complexity

Example: Simulated Data

N: 20



Average Number of Miles Walked a Week



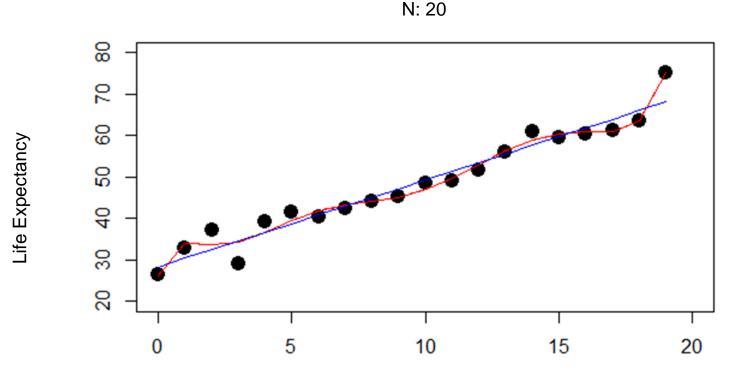
Complex Model  $Y = \beta 0 + \beta 1X + \beta 2X2$  $+...+\beta 8X8$ 

Complex Model Error MSE: 3.27



#### Sample Size & Model Complexity

Example: Simulated Data



Average Number of Miles Walked a Week



Simple Model  $Y = \beta_0 + \beta_1 X$ 

Complex Model  $Y = \beta_0 + \beta_1 X + \beta_2 X^2 + ... + \beta_8 X^8$ 

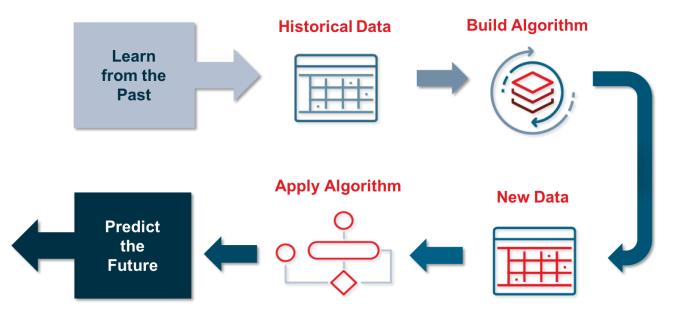
**Simple Model Error** MSE: 8.45

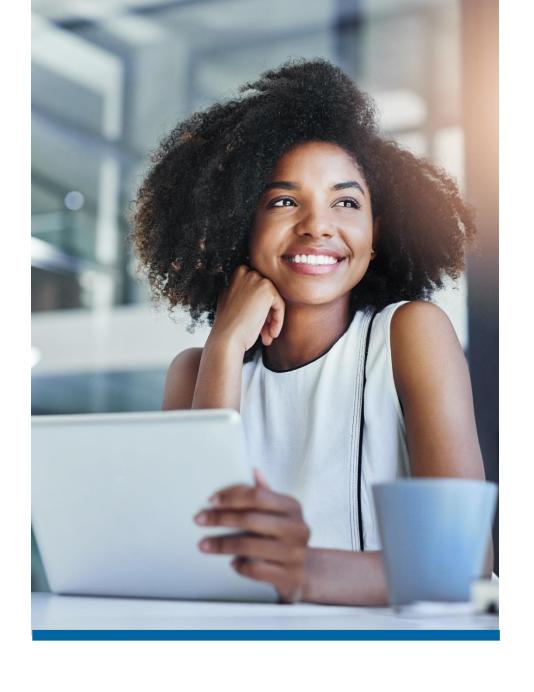
Complex Model Error MSE: 3.27



We want to know which model gets us closer to learning about future outcomes and not just our historical data.

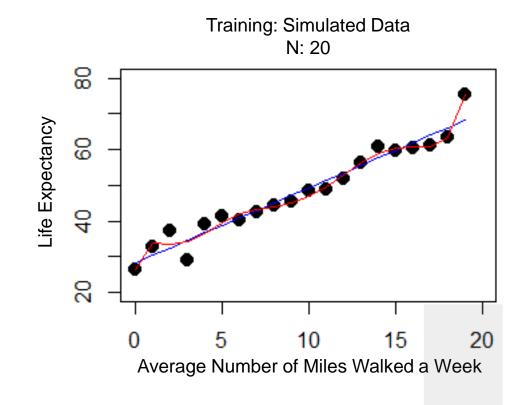
Measuring the performance of our models on new data will help us get there.

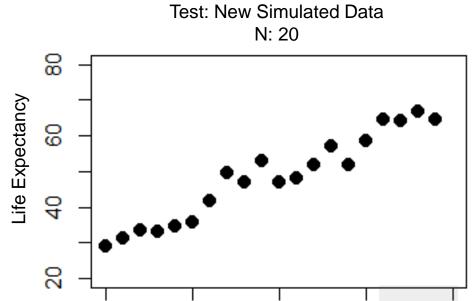






#### Sample Size & Model Complexity





10

Average Number of Miles Walked a Week

5

Simple Model:  $Y = \beta_0 + \beta_1 X$ 

Training MSE: 8.45

**Complex Model:** 

 $Y = \beta_0 + \beta_1 X + \beta_2 X^2 + ... + \beta_8 X^8$ 

Training MSE: 3.27

Test MSE:

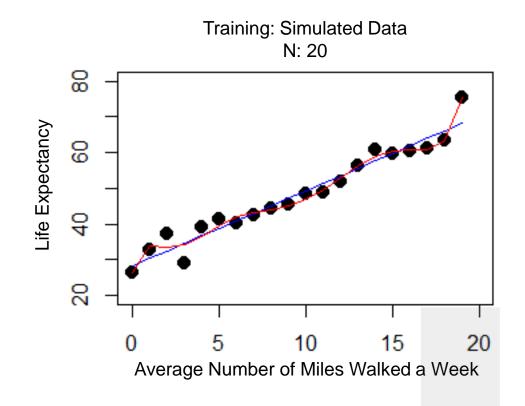
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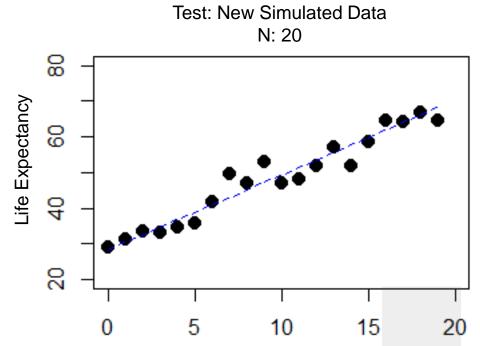
15

Test MSE:



#### Sample Size & Model Complexity





Average Number of Miles Walked a Week

**Simple Model:**  $Y = \beta_0 + \beta_1 X$ 

Training MSE: 8.45

**Complex Model:** 

 $Y = \beta_0 + \beta_1 X + \beta_2 X^2 + ... + \beta_8 X^8$ 

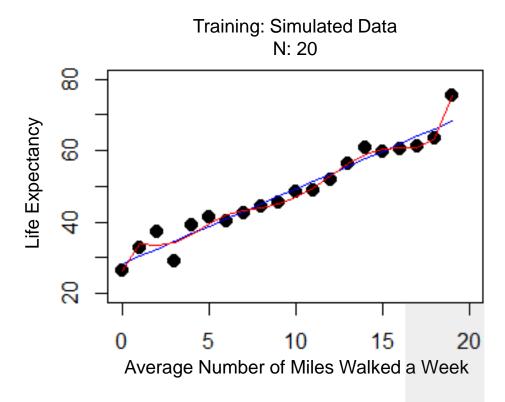
Training MSE: 3.27

Test MSE: 8.86

Test MSE:



#### Sample Size & Model Complexity



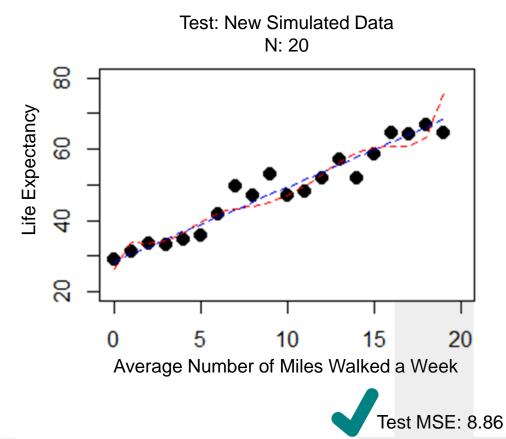
Training MSE: 8.45

Training MSE: 3.27

Simple Model:  $Y = \beta_0 + \beta_1 X$ 

**Complex Model:** 

 $Y = \dot{\beta_0} + \beta_1 X + \beta_2 X^2 + ... + \beta_8 X^8$ 



Test MSE: 17.76



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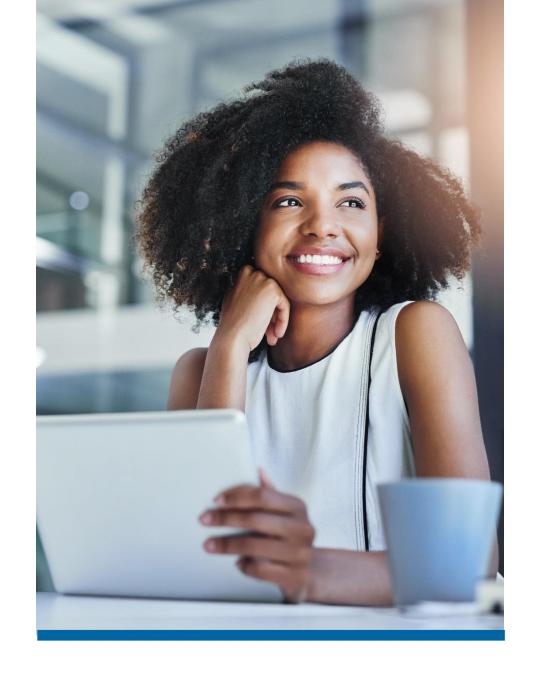


Testing the procedure on the data that gave it birth is almost certain to overestimate performance.

-Mosteller and Tukey, 1977



If the quantity we care about is how *well* our models will perform on **NEW** data...why don't we just estimate that?





01 Test-set

**02** Cross-Validation

03 Leave-one-out Cross Validation

Three ways to validate predictive models to minimize overfitting



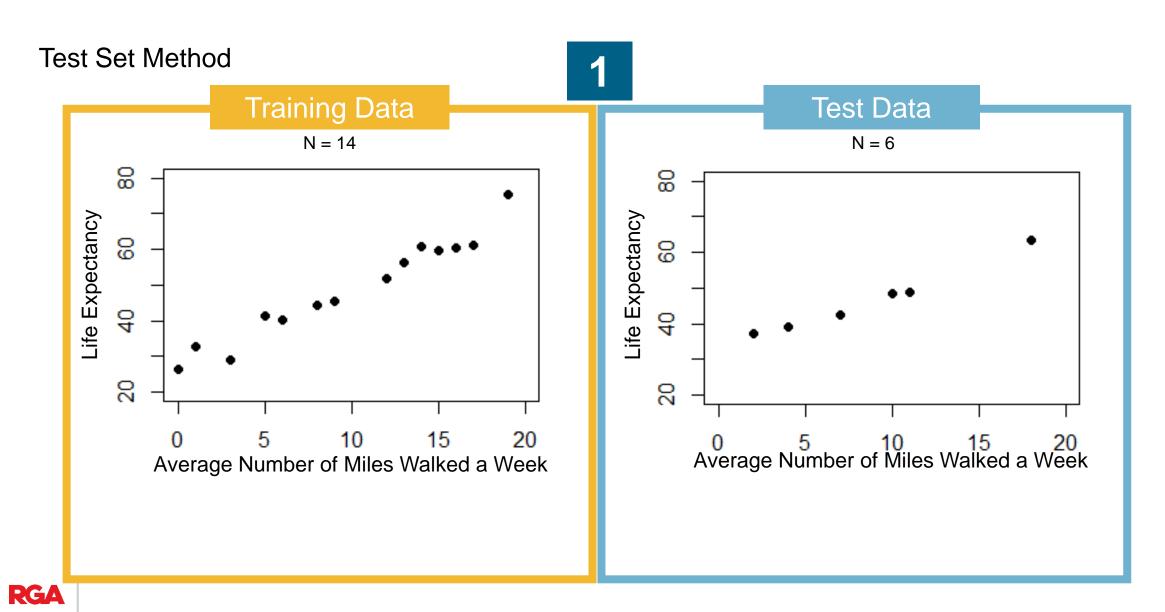
#### Test Set Method

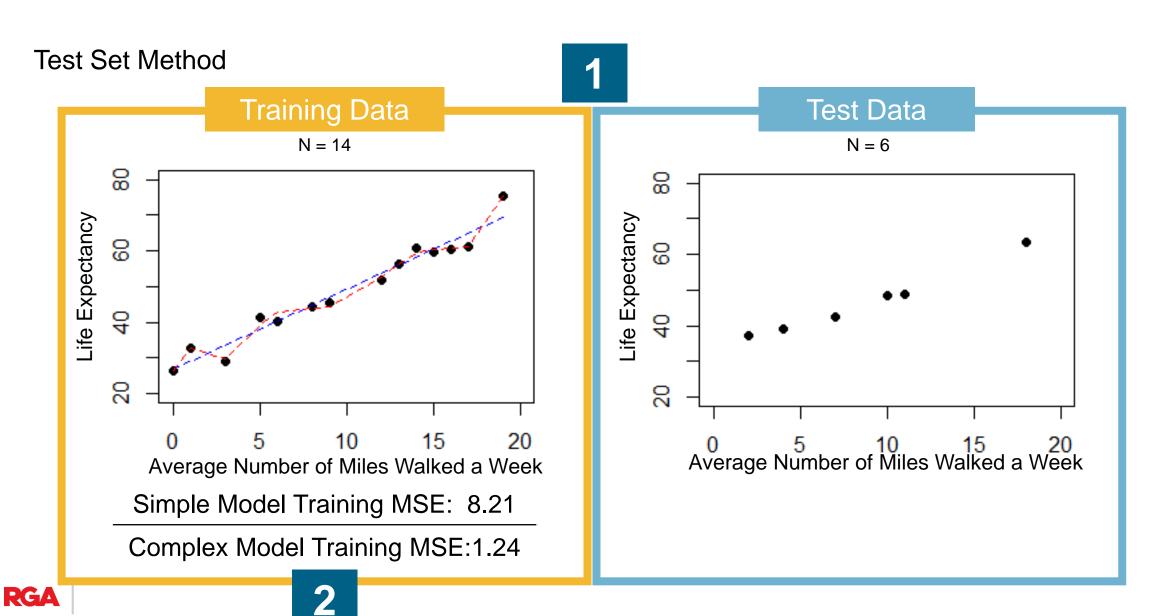


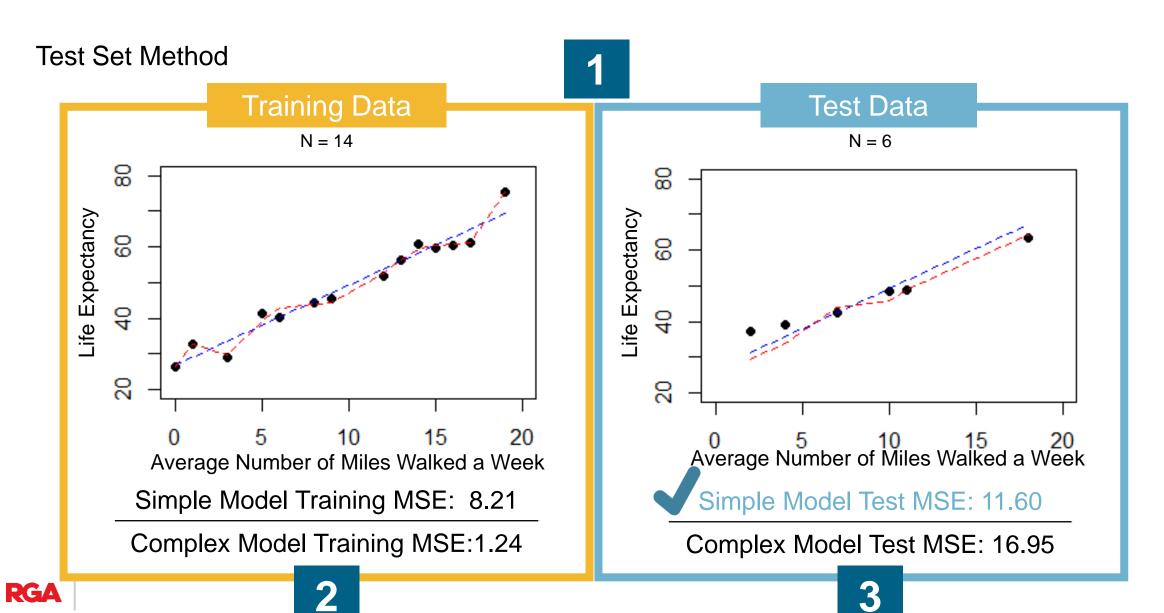




- I. Randomly select 30% of your data to be your test set
- Build models on training data
- 3. Estimate future performance by estimating models on test data







Test Set Method



Easy to implement



The more data you use to estimate test error, the less data you have to build your model

More data used for training results in more uncertainty about the test error estimate

Less data used for training results in more uncertainty about the model



01 Test-set

02 Cross-Validation

03 Leave-one-out Cross Validation

These are some additional classical ways to approach overfitting and researcher degrees of freedom:

- AIC/BIC metrics
- Bootstrapping
- Bonferroni correction (adjusts for multiple comparisons)



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