

WHAT OLDER AMERICANS DO WITH THEIR TIME
% ENGAGING IN VARIOUS ACTIVITIES BY AGE

Activity	Age 55-64	Age 65-74	Age 75 and up
Work	65	29	9
Formal volunteering	34	35	28
Informal volunteering	62	52	35
Caregiving	51	38	19
Any engagement	93	81	58

Source: Zedlewski and Schaner (2005).