

**RELATION BETWEEN BODY MASS INDEX (BMI) AND HEIGHT (FEET/INCHES)
AND WEIGHT (POUNDS) FOR ADULTS**

Height/ Weight	Body Mass Index (BMI)					
	Underweight	Normal	Overweight	Obese 1	Obese 2	Obese 3+
	< 18.5	18.5-24.9	25.0-29.9	30.0-34.9	35.0-39.9	>=40.0
5' 2"	< 101	101-135	136-163	164-190	191-217	>=218
5' 6"	< 114	114-154	155-185	186-217	218-246	>=247
5' 10"	< 129	129-173	174-208	209-242	243-277	>=278
6' 2"	< 143	143-193	194-232	233-271	272-310	>=311