**Adaptability Quotient (AQ) and Emotional Quotient (EQ) Worksheet**

Universities applying for CAE may use this worksheet to demonstrate that skills related to AQ and EQ are appropriately incorporated and assessed across the program. For each of the four learning objective areas below, provide a narrative that indicates what skills are incorporated into the program, the course(s) and/or program activities where the skills are learned, and a description of how students learn the skills indicated. Please type directly into the boxes provided. See the Guidance on EQ and AQ Education for additional information and examples.

1. **How to effectively communicate technical information to a non-technical audience**

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1. **How to manage uncertainty by focusing on reasons and rationales over a “right answer” mindset**

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1. **How to manage ambiguity by effectively analyzing vague and contradictory information**

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1. **How to influence decision-makers through analytics and business considerations**

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