

Session 196: Evolving Baseline and Long-term Mortality Improvement Assumptions for Pension Plans and PRT Insurers

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## Session 196 – Evolving Baseline Mortality and Mortality Improvement Assumptions for Pension Plans and PRT Insurers

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### Baseline and improvements

#### Defining our language

**Longevity assumption** 



#### **Baseline assumption**

- How long people are currently living for.
- Can be measured objectively by looking at historical death rates.



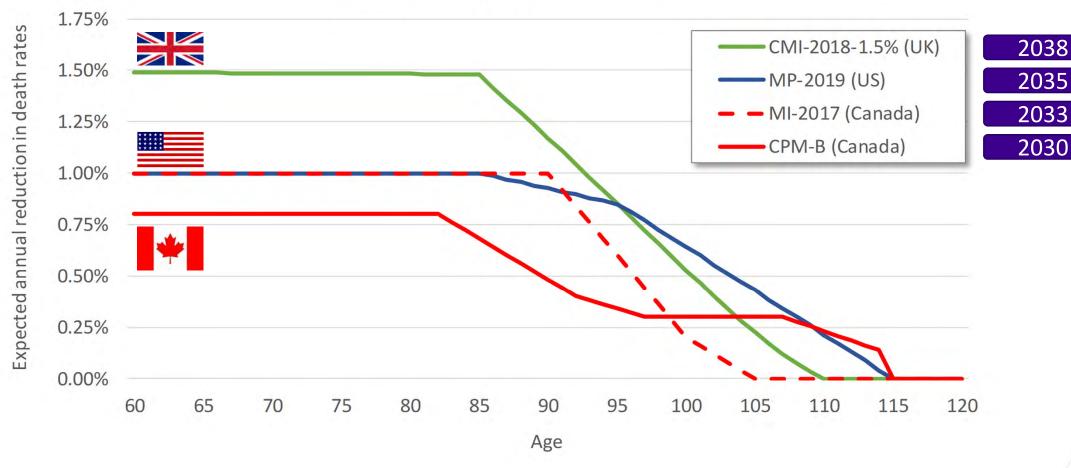
#### **Future improvements**

- How longevity will change in the future.
- Typically would expect mortality rates to decrease in the future and life expectancy to go up.
- Informed by views on future medical advances and generational differences in lifestyle, etc.
- Recent longevity trends will influence the assumptions you set, but it is important to understand the reasons behind recent experience before relying on it to adjust assumptions.
- This is a subjective assumption, and uncertainty will remain.



### Different geographies....different assumptions



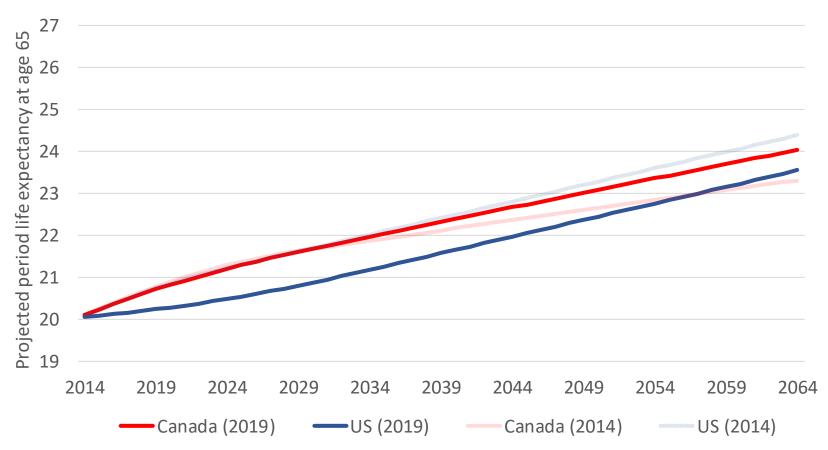


Source: Club Vita compilation of common Canadian, US and UK pension plan mortality improvement assumptions.



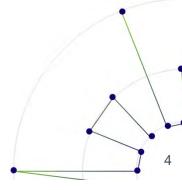
#### But do the differences make sense?

#### Projected male period life expectancy at age 65



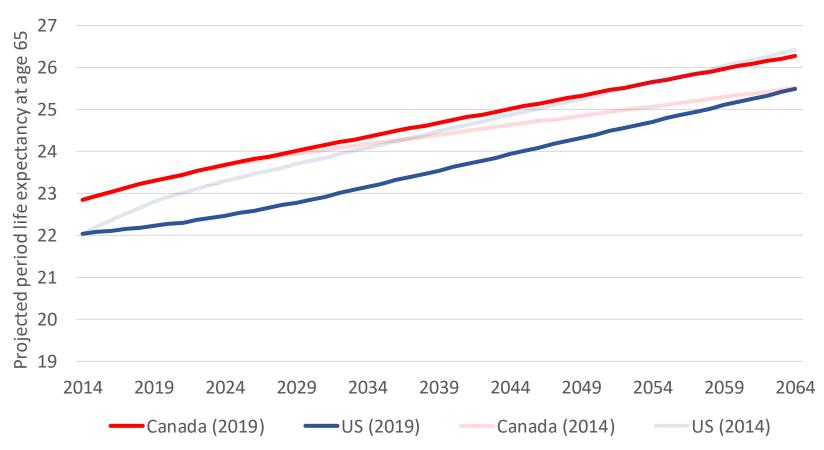


2014 assumptions: CPM Private with CPM-B improvement scale; RP-2014 Healthy Annuitant with MP-2014 improvement scale 2019 assumptions: CPM Private with MI-2017 improvement scale; RP-2014 Healthy Annuitant with MP-2019 improvement scale



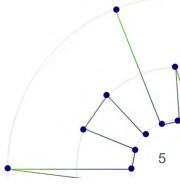
#### But do the differences make sense?

#### Projected female period life expectancy at age 65





2014 assumptions: CPM Private with CPM-B improvement scale; RP-2014 Healthy Annuitant with MP-2014 improvement scale 2019 assumptions: CPM Private with MI-2017 improvement scale; RP-2014 Healthy Annuitant with MP-2019 improvement scale

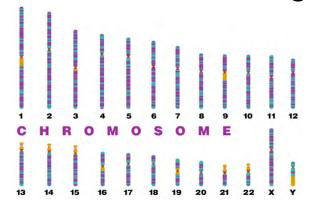




#### Nature or nurture?

#### **Nature**

Do genetics determine how long we live?



#### **Nurture**

Or is it our environment and life choices?



#### Evidence that only about 20% of lifespan variations explained by genetics

Study	Genetics	Everything else	
Herskind et al., 1996	26%	74%	Danish twins
Ljungquist et al., 1998	33%	67%	Swedish twins
Gavrilova et al., 1998	18%	82%	Royal families
Mitchell et al., 2001	25%	75%	Amish
Skytthe et al, 2003	25%	75%	Danish twins
Joshi et al (in prep)	16%	84%	Scottish nuclear families



7

### The importance of healthy habits ....



54% of the fall in deaths from heart disease attributable to decline in smoking<sup>1</sup>.



Eradicating prolonged sedentary behaviour might avoid ~10% of UK deaths<sup>2</sup>.



The harmful use of alcohol is a causal factor in more than 200 disease and injury conditions<sup>3</sup>.

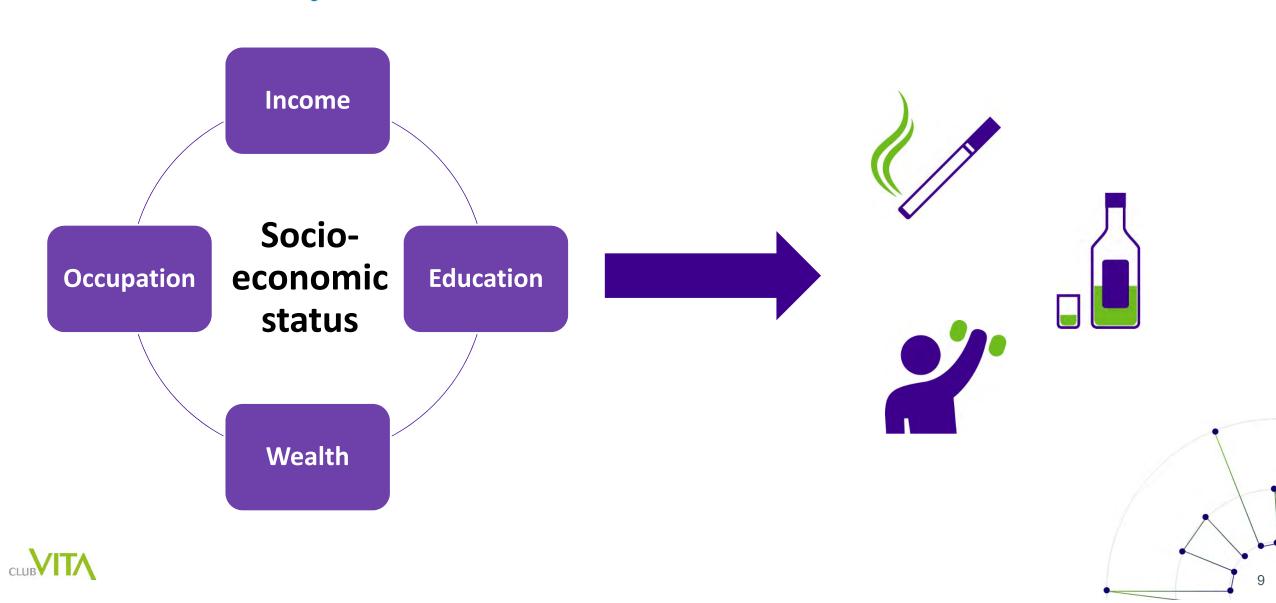
1: over 1981-2000, source: Unal et al, 2005

2: 69,276 deaths avoided in 2016, Heron L, et al. J Epidemiology Community Health 2019;73:625–629. doi:10.1136/jech-2018-211758



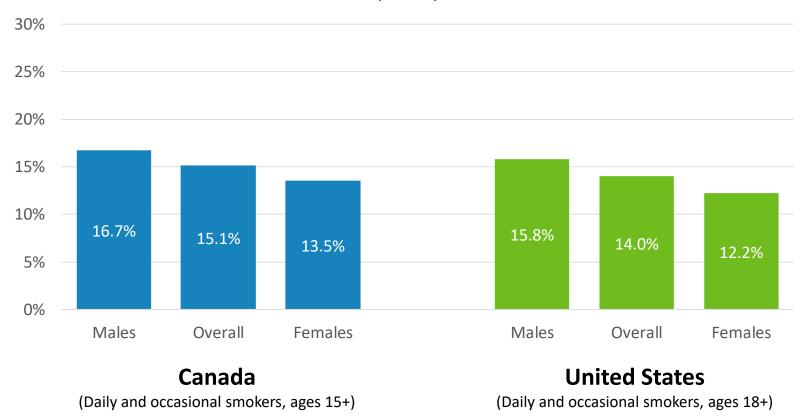


# What is the relationship between socio-economic status and key health factors?



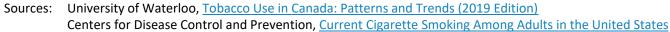
### Current smoking prevalence

Current Smoking Among Adults (2017)





Current levels of smoking among adults similar for Canada and the US, and are among the lowest levels in 50 years.

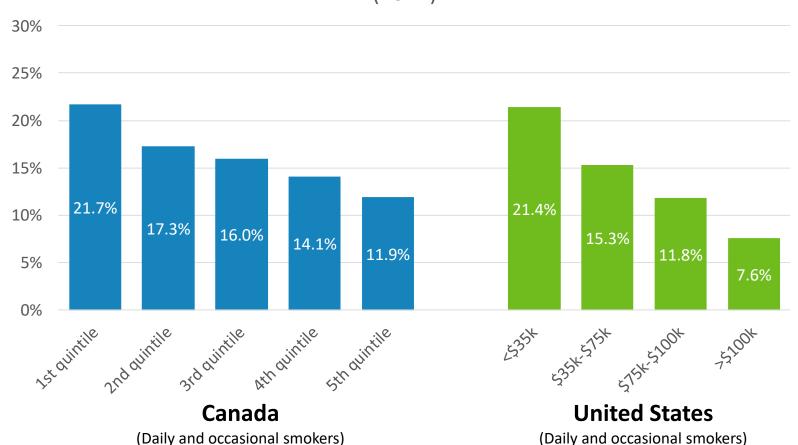




## Smoking prevalence by income level



Smoking Among Adults by Household Income Level (2017)



Large declines in smoking prevalence as income increases

Sources: Statistics Canada. <u>Table 13-10-0097-01 Health characteristics</u>, annual estimates, by household income quintile and highest level of education Centers for Disease Control and Prevention, <u>Current Cigarette Smoking Among Adults in the United States</u>

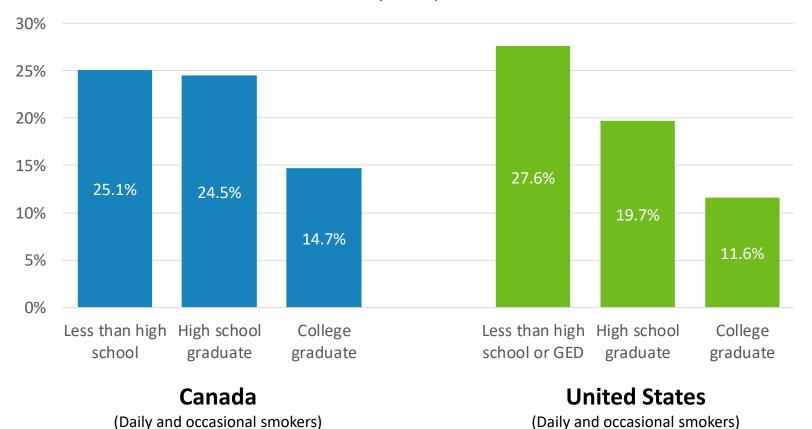




## Smoking prevalence by education level



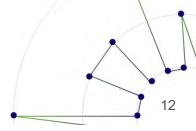
Smoking Among Adults by Education Level (2016)



Smoking prevalence decreases significantly with post-secondary education

Sources: Statistics Canada. <u>Table 13-10-0097-01 Health characteristics</u>, annual estimates, by household income quintile and highest level of education Centers for Disease Control and Prevention, Current Cigarette Smoking Among Adults — United States, 2016

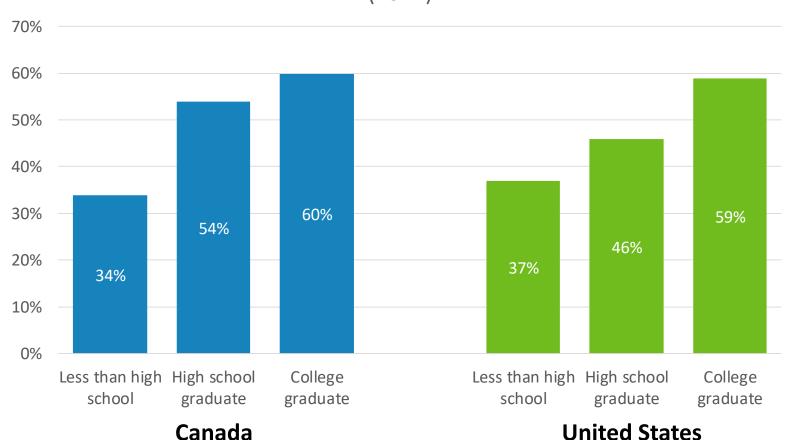




## Physical activity by education level



150 Minutes of Weekly Physical Activity by Education Level (2017)



Regular physical activity levels increase substantially with education level

Sources: Statistics Canada. <u>Table 13-10-0097-01 Health characteristics</u>, annual estimates, by household income quintile and highest level of education Centers for Disease Control and Prevention, <u>Nutrition</u>, <u>Physical Activity</u>, and <u>Obesity: Data, Trends and Maps</u>



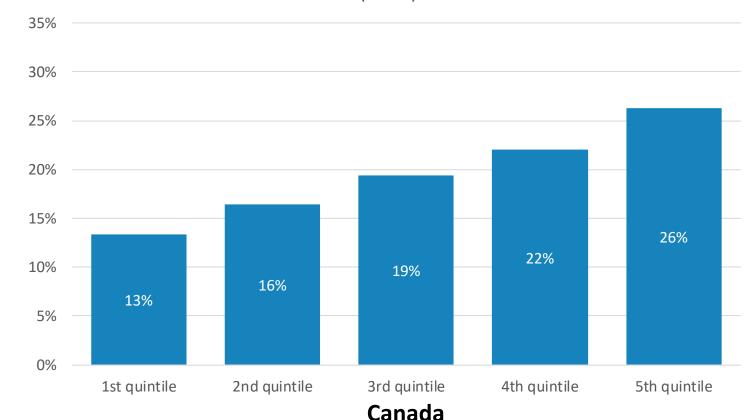
### Heavy drinking



Heavy Drinking by Annual Household Income Level (2017)

Drinking tends to increase with socio-economic status, however alcohol-related mortality has been found to be much higher among lower socio-economic groups<sup>1</sup>

<sup>&</sup>lt;sup>1</sup> Alcohol-related mortality as a function of socioeconomic status, Mäkelä P. (1999).



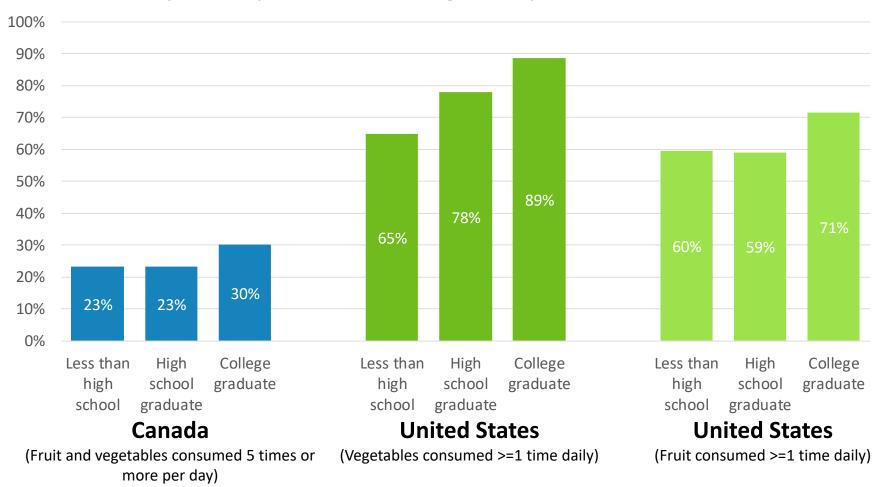
(men/women who reported having 5/4 or more drinks on one occasion, at least once a month in the past year)

Source: Statistics Canada. <u>Table 13-10-0097-01 Health characteristics</u>, annual estimates, by household income quintile and highest level of education



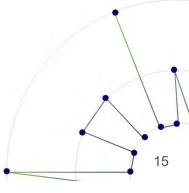
## Daily fruit and vegetables by education level

Daily Consumption of Fruit and Vegtables by Education Level (2017)



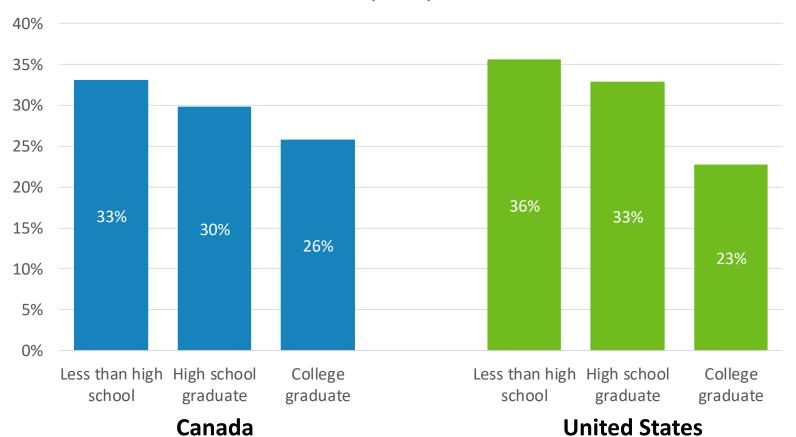
Sources: Statistics Canada. <u>Table 13-10-0097-01 Health characteristics</u>, annual estimates, by household income quintile and highest level of education Centers for Disease Control and Prevention, <u>Nutrition</u>, <u>Physical Activity</u>, and <u>Obesity</u>: <u>Data, Trends and Maps</u>





## Obesity by education level

Prevalence of Obesity by Education Level (2017)



Prevalence of obesity among adults by education level consistent with physical activity and diet patterns

Sources: Statistics Canada. <u>Table 13-10-0097-01 Health characteristics</u>, annual estimates, by household income quintile and highest level of education Centers for Disease Control and Prevention, Nutrition, Physical Activity, and Obesity: Data, Trends and Maps





## Factors available in pension plan records











Health at Retirement



**Salary** 





Job Type/ Industry



Marital Status



Postal Code/ Zip Code



# Using socio-economics with pension plans SOA analysis for retiree mortality

#### Pub-2010

#### Multivariate analysis identified the relevance of multiple variables...

"..benefit quartile was generally the most significant explanatory variable among the region, job category, quartile and year indicators."

"Regressions by gender for each job category (e.g., male Safety) continued to show benefit amount quartile as a statistically significant variable, with a more pronounced effect for males than for females."

#### ..and the care needed in constructing multivariate tables...

"As with benefit quartile, interaction terms among age and job category indicated the differences were not simple factor relationships but actually different curve shapes."

Stratified tables by gender, retiree type and job category

Source: SOA paper "Pub-2010 Public Retirement Plans Mortality Tables Report"



#### Pri-2012

#### Multivariate analysis identified the relevance of multiple variables...

"...after controlling for the age, gender and collar type covariates, the income quartile was still a significant predictor of Retiree mortality, with mortality decreasing with increasing retirement benefit amount."

#### ...and the care needed in constructing multivariate tables...

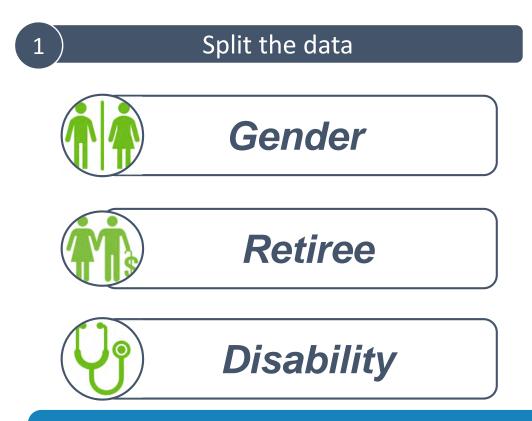
"A regression model including not only collar type and income quartile but additional interaction terms with age / collar type and age / income quartile, demonstrated the statistical significance of interaction effects. This indicated to the committee that separate tables, as opposed to simple loading factors, are desirable..."

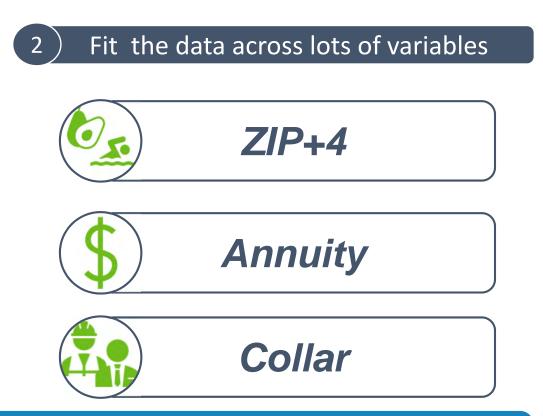
## **Stratified** tables by gender, retiree type and either collar or benefit amount

Source: SOA paper "Pri-2012 Private Retirement Plans Mortality Tables Exposure Draft Report"

#### Using socio-economics with pension plans Taking a multivariate approach

Fitting a wide range of internally consistent tables **simultaneously** across a range of variables





Makes maximum use of the available data, improving confidence in the resulting tables while creating a model that captures the diversity of the underlying population.



#### Building a model for longevity

Using pension plan data



An independent data utility collecting and analyzing pension plan longevity data for the benefit of pension pans, advisors, insurers and asset managers.

		*	
Founded	2008	2015	2019
Key stats	2.9m UK pensioners  1 in 4 DB pension plan participants Over 230 pension plans 1.4m deaths Stretching back 25+ years	0.75m Canadian pensioners  1 in 4 DB pension plan participants Over 60 pension plans 200k deaths Stretching back 20 years	<b>0.8m</b> in payment participants Over <b>100 pension plans 150k</b> deaths Stretching back <b>9 years</b>

A geographical and industry diverse dataset in each country



# Building a model for longevity Beyond factor based to full multivariate modelling

The predictors j are the longevity group (A to G as determined by ZIP+4), annuity amount and collar type

#### Main effect for each predictor:

Additions depending on the value taken by each predictor *j* (can be negative)

Controls for mortality rate variations between calendar years, and is 0 for central year

$$logit(q_x|values\ of\ predictors,j) = \sum_i a_i x^i + \sum_j b_j + \sum_{i,j} c_{ij} x^{-i} + YOE$$

$$logit(q) = \ln\left(\frac{q}{1-q}\right)$$

Main age function: A polynomial in age, x, with a small number of terms (typically 3 or 4) where i takes values in range [-4, -3, ..., 3, 4]

"Interaction" terms, whereby there is a small number of terms of the polynomial in age, x, which depend on the value taken by the predictor

Parsimony principle: A simpler model with few rather than many parameters is favored over comparatively complex ones, provided they fit the data about equally well.

Source: Club Vita, for more information see Modelling Technical Paper.



### Turning ZIP codes into a longevity rating factor

#### **Marketing principles:**

- 1. People living in similar neighborhoods have similar characteristics (large diversity within ZIP codes mean ZIP+4 is necessary)
- 2. Neighborhoods can be characterized by types of people living there
- 3. Neighborhoods with same characterization appear all over the country

46 million + US ZIP+4 codes => 58 marketing groups

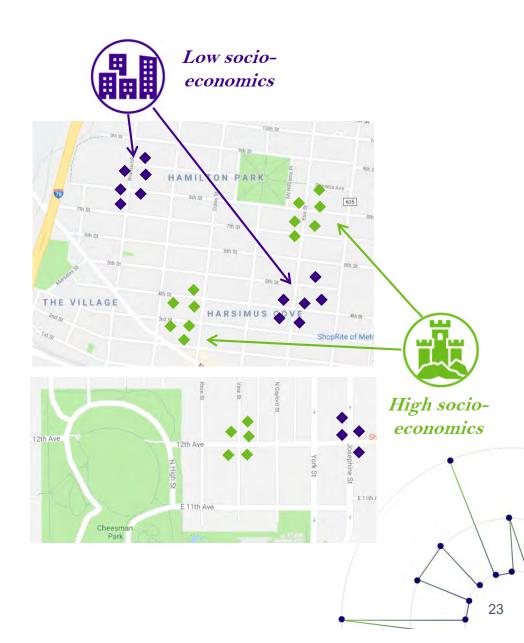
#### Longevity modelling principle:

4. People with similar characteristics have similar longevity

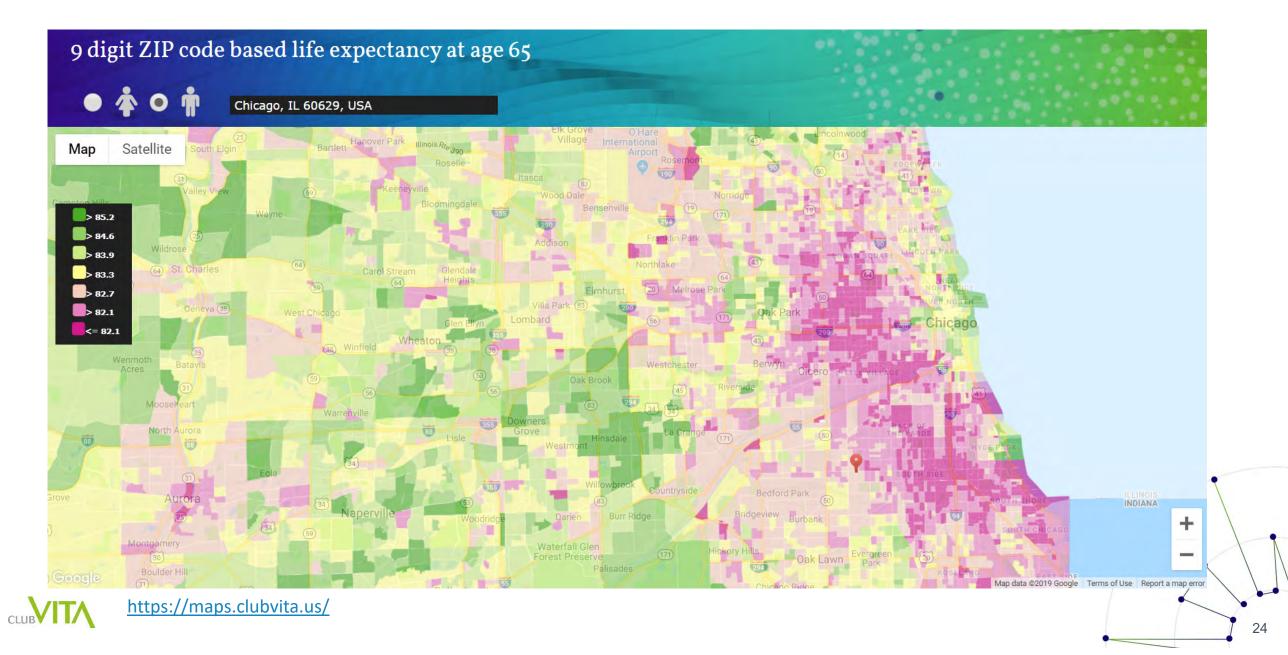
58 marketing groups => 7 longevity groups men (6 for women)

\*Neighborhood characteristics for illustration only

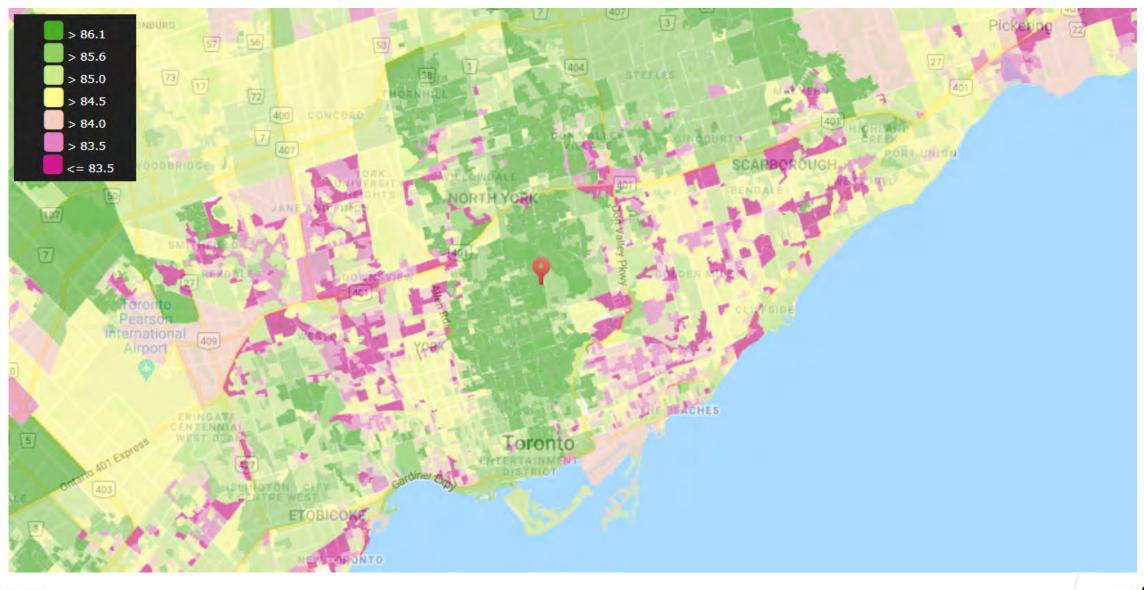




## Zooming in on ZIP+4 – Chicago males



## Perusing postal codes – Toronto males





### Spread in baseline from socio-economics

<b>VITACURVES</b> <sub>TM</sub>	İ		† (		i =	
Total spread	12	years	10 y	ears	9½ y	rears <sup>a</sup>
Gender specific spread	10½	81/2	7	71/2	81/2	6½
Retirement health	2½	3	1/2	2	1	1
"Normal health" spread	8	51/2	6½	6	71/2	6
Lifestyle	41/4	4½	23/4	3½	31/4a	3½ <sup>a</sup>
Affluence	31/2	1/2	2	2½	31/4	1½
Occupation	1/4	1/2	11/4	<1/4	11/4	1 \

Technical note: Effects shown are the impact of changing one rating factor in isolation. Precise impacts depend on order of changing variables and so above reflects broad quantum and therefore relative importance of each variable. Sums may not add due to rounding. UK and Canada calibrated to data from both public and private sectors, which show no material difference when salary and postcode are known (the first generation US calibration only used private sector data). (a) Anticipating a wider US spectrum in 2020 release as salaries are introduced as measure of affluence.

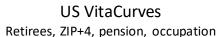


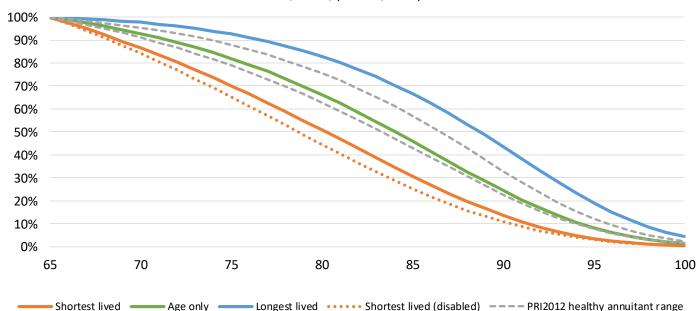
26

### Comparison with draft Pri-2012 tables

(with MP18 improvements 2012-2015)







Life expectancy for age 65:		"Healthy" Annuitant		
	Disabled	Bottom	Age only	Тор
9 digit ZIP VitaCurves	14.1	15.2	18.5	22.8
Draft PRI-2012 (with MP18 roll up from 2012 to 2015)	14.5	17.9	19.3	20.6

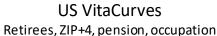
MP18 improvements used to roll forward draft Pri-2012to 2015 (the effective year of VitaCurves, No allowance made in the above for any improvements after 2015. Note that age-only healthy annuitant and disabled tables are amount weighted for Pri-2012 and lives weighted for VitaCurves. Pri-2012 bottom table is lower quartile income; top table white collar.

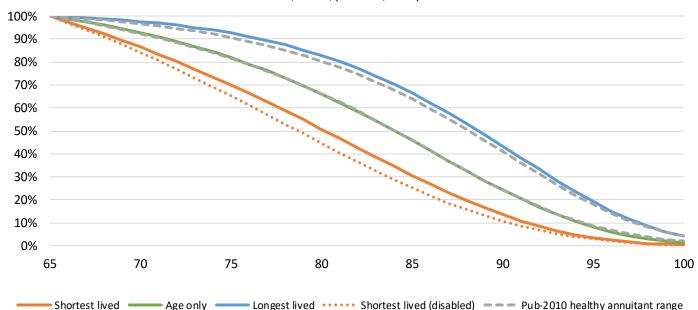


### Comparison with Pub-2010 tables

(with MP18 improvements 2010-2015)







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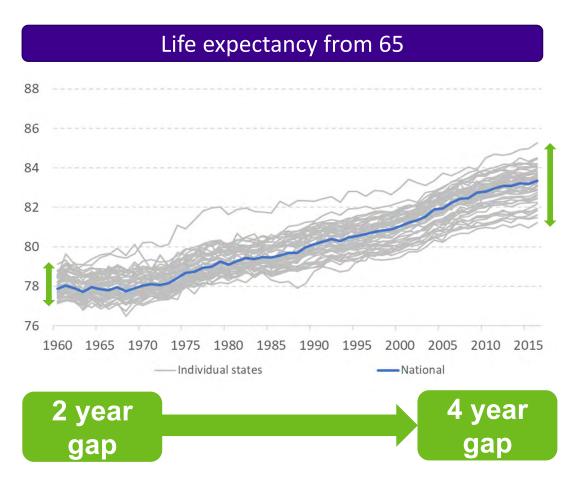
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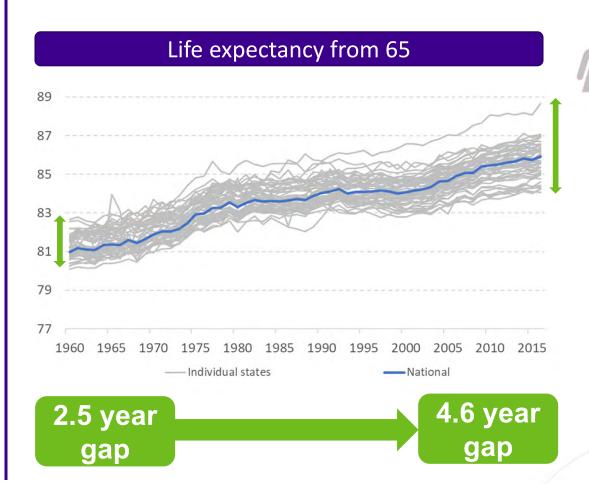




## Longer lifespans, but widening gaps







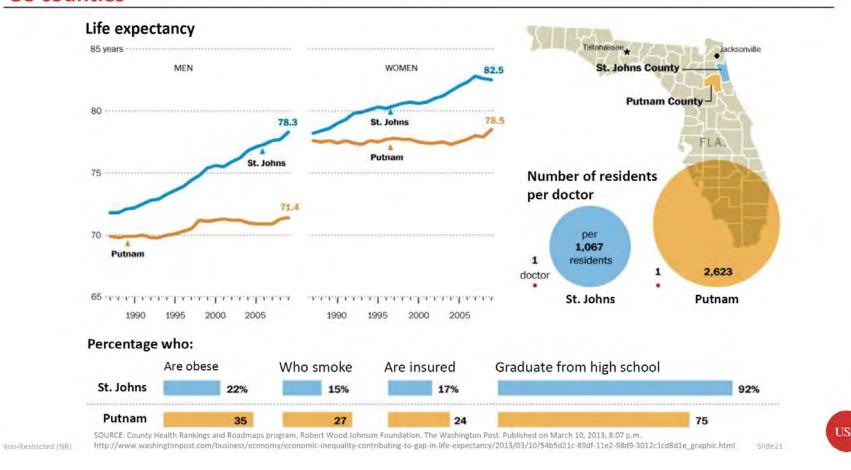
What is driving this diversity and how can we describe it?

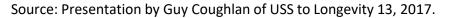




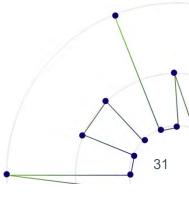


#### Differences in LE from health status, education and lifestyle for two neighbouring US counties





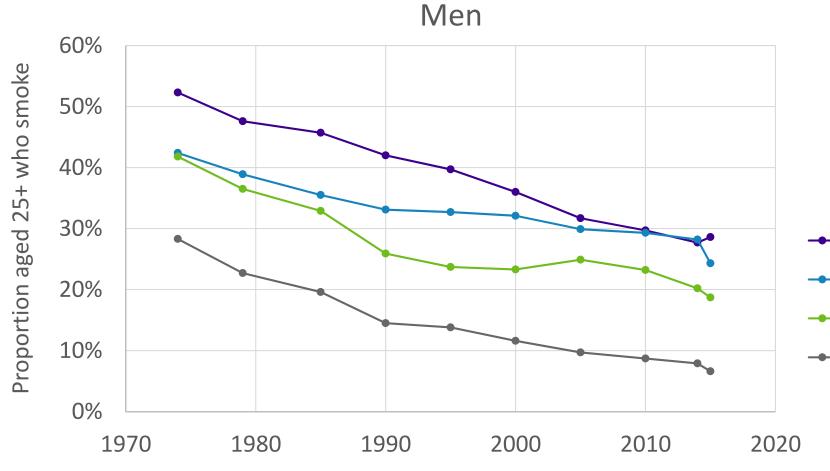




# Trends in smoking prevalence by education *Males*







- → No high school diploma or GED
- High school diploma or GED
- → Some college, no bachelor's degree
- → Bachelor's degree or higher

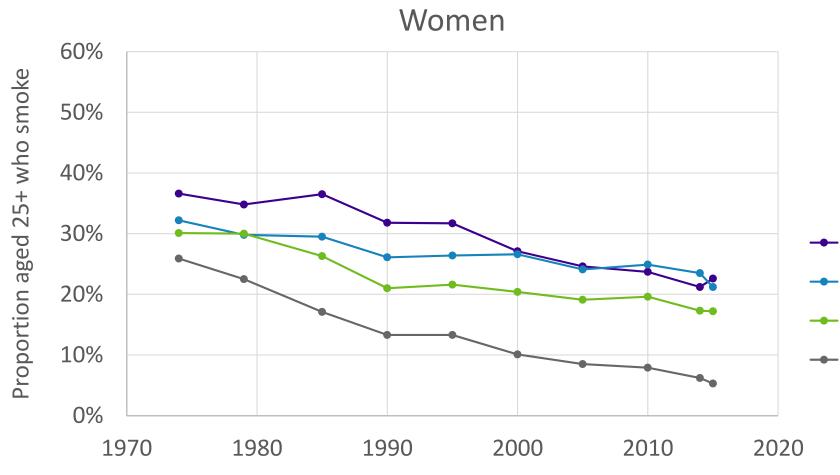
Source: Age-adjusted prevalence of current cigarette smoking among adults aged 25 and over, by sex, race, and education level: United States, selected years 1974–2015 (CDC)



# Trends in smoking prevalence by education *Females*







- → No high school diploma or GED
- High school diploma or GED
- → Some college, no bachelor's degree
- → Bachelor's degree or higher

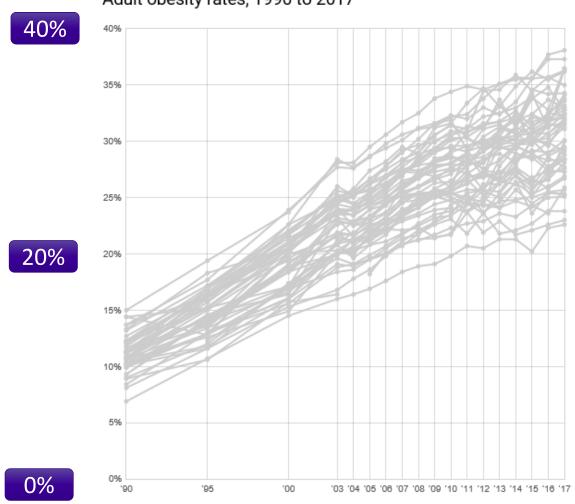
Source: Age-adjusted prevalence of current cigarette smoking among adults aged 25 and over, by sex, race, and education level: United States, selected years 1974–2015 (CDC)



## Obesity trends by state







1990... **8% spread** 

2017... **16% spread** 

Adult obesity rates = percentage of adults with BMI of 30+. Based upon self-reported BMI.

Source: State of Childhood Obesity

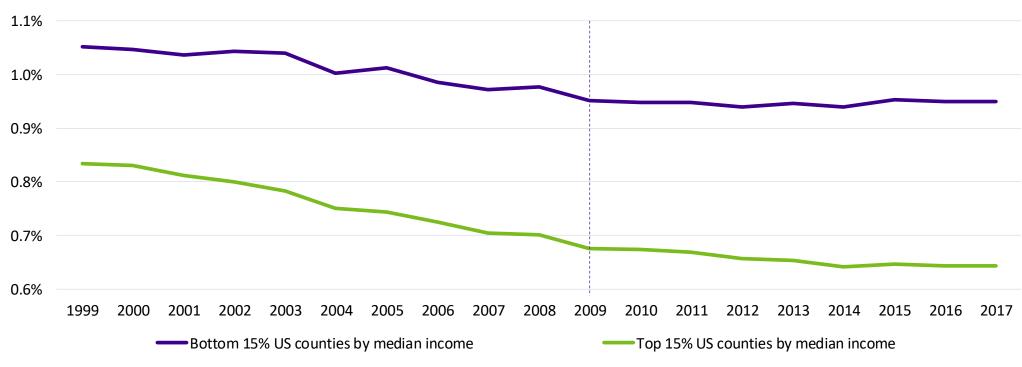
(https://stateofchildhoodobesity.org/adult-obesity/) analysis of the

Behaviourial Risk Factor Surveillance System for adult obesity.



#### Mortality fallen fastest amongst highest incomes





Annualized mortality improvements	1999-2009	2009-2017	
Bottom 15% of counties by income	1.0% p.a.	0.0% p.a.	
Top 15% of counties by income	2.1% p.a.	0.6% p.a.	

Source: Club Vita calculations based on Society of Actuaries U.S. Population Mortality Observations, 2019





### Identifying socio-economics in pension plans



Socio-economic groups determined by clustering pension plan members subject to **4 key principles**:

- 1. Reliability (min data volumes)
- 2. "Likeness" (similar characteristics)
- 3. Different improvement rates
- 4. Different mortality rates

For more information see: <u>NAPF Longevity Trends</u> Report.





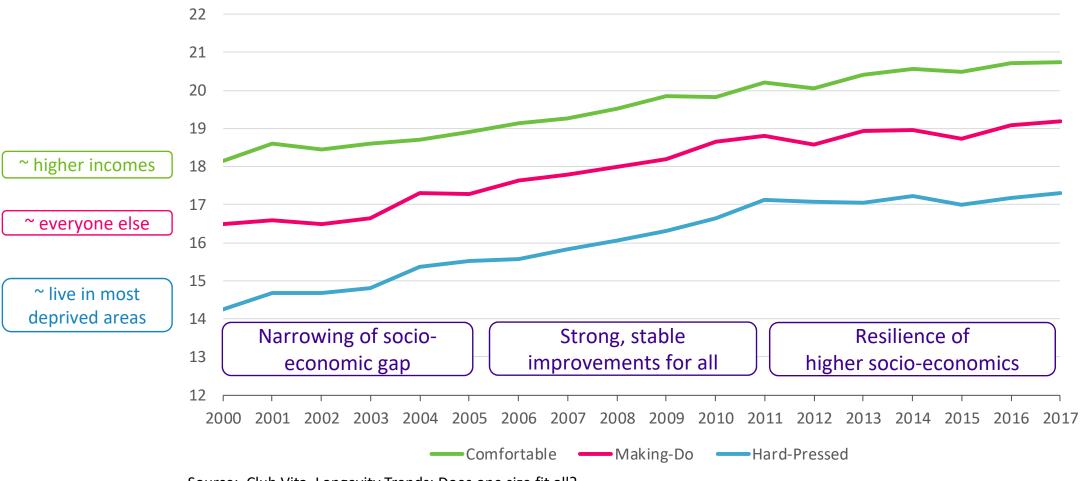




# Mortality improvements in pension plans *UK*



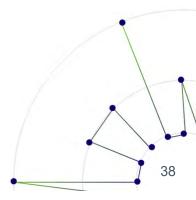




Source: Club Vita, Longevity Trends: Does one size fit all?

https://www.clubvita.co.uk/assets/images/general/170623 16 PLSA-Longevity-model.pdf





#### How to reflect socio-economics in improvements Building into the RPEC framework

Current "run-rate" of improvements

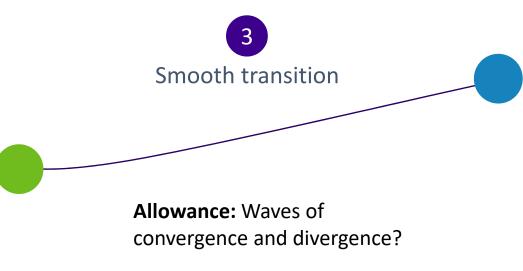
 

 Group
 2011-2016 "run rate"

 Comfortable
 1.5% (±0.4%)

 Making-Do
 1.1% (±0.3%)

 Hard-Pressed
 0.7% (±0.3%)

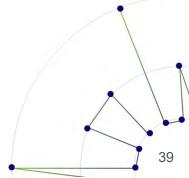


Time

Long term rate of improvements

**Allowance:** Can socio-economic differences persist over longer term?







# In summary Evolving assumptions

#### Baseline

- Plan participant level assumption now viable
- Automatically captures:
  - Generational variations
  - Different life expectancies amongst different sub-populations (e.g. "high" PBGC premium vs annuity participants)







#### **Improvements**

- Portfolio level SEG adjustments made to population-based improvements
- Easy to capture current run-rate in existing modelling approaches
- Care needed in subjective assumptions for the medium and long term improvements











## Questions?

